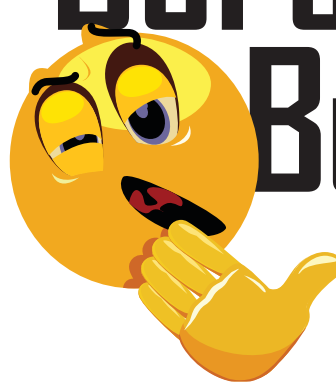


# Boredom Busters



Non-screen activities the whole family can enjoy!

## Activities for June

- June is Get Outdoors Month. Plan a hike or walk to the park.
- June 6 is National Yo-Yo Day. Teach yourself a new yo-yo trick.
- June 8 is World Ocean Day. Read about the deep blue sea.
- June 11 is National Corn on the Cob Day. Eat some today.
- June 13 is National Weed your Garden Day. Have a contest, see who can pull the most weeds.
- June 14 is Flag Day. Dress in the colors of the American Flag.
- June 16 is Fresh Veggies Day. Eat your favorite fresh vegetable for a snack.
- June 19 is Juneteenth. It celebrates the ending of slavery.
- June 20 is the Summer Solstice. Make sun inspired art like a nature mandala or sun prints.
- June 25 is National Handshake Day. Teach a friend a secret handshake.
- June 26 is American Backyard Campout Day. Here in AZ, campout in your family room.
- June 30 is Meteor Day. Look for a shooting star when stargazing.

## Dinnertime Discussions

- What was your last dream you remember?
- What was your favorite present ever?
- What ice cream flavor would you invent?
- What is your favorite smell? What memory does it remind you of?
- What is your favorite song?

## Books

- The Great Indoors by Julie Falatko
- The Hike by Allison Farrell
- Hike by Pete Oswald
- Arizona Wildflowers by Beverly Magley
- The Ultimate Yo-Yo Book by Larry Sayco
- The Pout-Pout Fish by Deborah Diesen
- Ocean by Miranda MacQuitty
- Grill Master: Finger-Licking Grilled Recipes by Tyler Omoth
- Lettuce Introduce You by Laura Purdie Salas
- We Are the Gardeners by Joanna Gaines
- If You Plant a Seed by Kadir Nelson
- The Flag We Love by Pam Muñoz Ryan
- Rah, Rah, Radishes! by April Pulley Sayre
- Veg Patch Party by Clare Foges
- All Different Now by Angela Johnson
- Juneteenth by Joanna Ponto
- Sun! One in a Billion by Stacy McAnulty
- Summer Song by Kevin Henkes
- Say Hello! by Linda Davick
- High Five by Adam Rubin
- Biscuit Goes Camping by Alyssa Capucilli
- Tiny T. Rex and the Very Dark Dark by Jonathan Stutzman
- How to Catch a Star by Oliver Jeffers
- Stellar Stargazer! by Jane O'Connor
- Looking Up! by Joe Rao