SCOTTSDALE life
YOUR GUIDE TO SCOTTSDALE’S COMMUNITY SERVICES

SPRING 2022
APRIL | MAY

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View this guide online!
Visit ScottsdaleAZ.gov and search “Activity Guide.”
COMMUNITY SERVICES
BOARDS & COMMISSIONS

These volunteer citizen advisory committees advise City Council on Community Services activities.

PARKS & RECREATION COMMISSION MEMBERS:
Kurt Jones – Vice Chair
Eric Kurland
Steven Masear
Maryann McAllen – Chair
Susan McGarry
Teresa Kim Quale

LIBRARY BOARD MEMBERS:
Sam Campana
Sheila Collins
Freda Hartman
Fred Klein
Marna McLendon
Shiela Reyman – Chair
Janet Smigielski – Vice Chair

HUMAN SERVICES COMMISSION MEMBERS:
Jayne Hubbard
Jeff Jameson
Roger Lurie
Emily Reilly – Vice Chair
Tricia Serlin
Neal Shearer
Raoul Zubia – Chair

MCDOWELL SONORAN PRESERVE COMMISSION MEMBERS:
Stephen Coluccio
Mark Hackbart
Laurie LaPat-Polasko – Vice Chair
Marsha Lipps
Kery Olsson
Jeffery Smith
Cynthia Wenstrom – Chair

SCOTTSDALE HOUSING AGENCY GOVERNING BOARD:
Jayne Hubbard
Jeff Jameson
Roger Lurie
Emily Reilly – Vice Chair
Tricia Serlin
Neal Shearer
Raoul Zubia – Chair
Participant Member – Vacant

5 ways to conserve water outside

- Adjust your irrigation timer
  Sign up for a monthly irrigation adjustment reminder by texting WHENTOWATER to 33222.

- Sign up for WaterSmart
  This new user portal allows customers to manage their water use and set up notifications.

- Convert grass areas
  Arizona-friendly landscape requires less than half the water that grass requires. Plus, residents may qualify for a rebate.

- Create a water budget
  By using water calculators, residents can determine how much they use and if their water usage is normal for their house/family size.

- Request a FREE Outdoor Water Efficiency Check from an irrigation specialist. On average, Scottsdale Water experts can save a customer 4,000 gallons of water per month.

Learn more at: ScottsdaleAZ.gov/water
Whether it’s exploring the McDowell Sonoran Preserve, spending a day at the park, discovering a new book at the library, spending time with others at a Senior Center, taking a bike ride on the green belt or volunteering your time to help neighbors in need – it’s all a part of Scottsdale LIFE. Our city is bustling with activity, and this magazine is your guide to it all.

Scottsdale Community Services (consisting of Parks and Recreation, Libraries, Human Services, the Preserve and WestWorld) created Scottsdale LIFE to share what’s happening in your community, collaboratively.

You’re invited to browse and discover something that interests you.
Experience a Night of Fun & Adventure while camping at the McCormick-Stillman Railroad Park

April 9, 2022

10,000 sq. ft. Event Center
Over 25,000 sq ft of Indoor Space
Flexible Space | One-of-a-Kind Venue

7408 E. Osborn Rd, Scottsdale, AZ 85251
ScottsdaleAZ.gov/Scottsdale-Stadium | 480-312-2856
@ScottsdaleStadium

Baseball • Events • Experience
SPRING REGISTRATION: RESIDENTS, FEB 28 AT 8 A.M. / NON-RESIDENTS MAR 1 AT 8 A.M.

Don’t miss our NEW Adult fitness, yoga, language, art classes and more!
see pg. 15 for details

WE’RE HIRING LIFEGUARDS!
Learn more on pg. 23

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REGISTRATION INFORMATION

SPRING 2022 REGISTRATION DATES

REGISTRATION FOR APRIL - MAY 2022 ACTIVITIES BEGINS:

RESIDENTS
Monday, Feb. 28, 2022 at 8 a.m.

NON-RESIDENTS
Tuesday, Mar. 1, 2022 at 8 a.m.

TWO EASY WAYS TO REGISTER!

REGISTER ONLINE
Recreation.ScottsdaleAZ.gov
(Quickest way to register)

REGISTER BY PHONE
480-312-7957
(Expect delays on registration days)

Online registration provides immediate enrollment confirmation. For classes that fill up quickly we recommend this method.

Phone lines are busy the first few hours of registration. The line will free up as the day goes on, please keep trying!

SEE PAGE 29 FOR MORE REGISTRATION INFORMATION

For over 25 years, Scottsdale Parks and Recreation has been accredited by the Commission for Accreditation of Park and Recreation Agencies (CAPRA). Being an accredited department is a distinguishing mark of excellence that affords external recognition of an organization’s commitment to quality and improvement. CAPRA is the only national accreditation of park and recreation agencies and is a valuable measure of an agency’s overall quality of operation, management, and service to the community.

Learn more at: ScottsdaleAZ.gov/Parks

SCOTTSDALE PARKS AND RECREATION HAS BEEN ACCREDITED FOR OVER 25 YEARS!

PICKLEBALL

Did you know Scottsdale has 21 Pickleball courts?
• 10 courts at Horizon Park
• 8 courts at Cholla Park
• 3 courts at Thompson Peak Park

Visit ScottsdaleAZ.gov and search ‘Pickleball’ for more information about courts and lessons.
TOT CLASS GUIDELINES

- For your child’s safety please accompany them to and from the classroom.
- Classes are designed for the ages listed. Children must meet the age requirement by the first class date. Sorry, no exceptions.
- Children must be able to participate independently except in specified parent/child classes.
- Observers and non-registered individuals, including siblings, are not permitted in classes. Only children that are registered are permitted in class.
- Parents or guardians must participate in parent/child classes. Other siblings are not allowed inside the classroom.

ART

NEW! YOUNG REMBRANDTS - CARTOON EXPRESSIONS PLUSHIES

(5-7yrs) A plushie is a soft, toy-like a stuffed doll. Students will be creating these popular characters and bring them to life with dynamic poses and expressive faces.

Sa 10:30-11:30am 4/23(6classes) HRZN $63(R)/$95(N) Young Rembrandts 32462

DANCE

CREATIVE MOVEMENT

(1-3yrs and parent/caregiver) Designed to introduce music and movement through interaction and creative activities. They will be dancing to their favorite nursery rhymes using basic dance concepts. This program develops motor skills, sociability, and gives kids a fun hands on introduction to the world of dance.

Th 9:15-10am 4/14(7classes) MTNV $83(R)/$125(N) Dance Sequins 32537

DANCE COMBO

Learning the beginning fundamentals of tap, ballet, and jazz. Using basic dance concepts this program develops motor skills, sociability, and gives kids fun hands on introduction to the world of dance.

(3-6yrs)
M 4:15-5pm 4/4(8classes) CACT $93(R)/$140(N) Dance Sequins 32539

(3-5yrs)
Tu 3:35-4:40pm 4/5(8classes) MMRA $93(R)/$140(N) Dance Sequins 32540
Th 10:05-10:50am 4/14(7classes) MTNV $83(R)/$125(N) Dance Sequins 32541

BALLET

(4-6yrs) Classes incorporate basic ballet steps with games and songs to ensure your child learns while having fun. This class fosters a learning environment for children to learn and develop new skills and explore their environment.

Tu 3:30-4:35pm 4/5(8classes) MMRA $54(R)/$83(N) Martin 32411

FITNESS & HEALTH

GYMNASTICS

(4-5yrs) Gymnastics develops strength, flexibility, confidence, self-discipline and body control. Class starts with warm-ups that include tuck, straddle and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands and walk-overs. Also included is bar strengthening, stretches and conditioning.

Sa 9:30-10:15am 4/9(8classes) MTNV $52(R)/$78(N) Schaffer 32279

DANCE STARS

(2-5yrs). Our dancers learn the fundamentals of ballet, jazz, and hip-hop while developing grace, coordination, balance, and poise. By inspiring a passion for dance, our imaginative and engaging classes will create twirling, self-expressive machines!

Tu 9:30-10:15am 4/5(8classes) HRZN $71(R)/$107(N) Stretch-n-Grow 32413
Th 3:30-4:15pm 4/7(8classes) MMRA $71(R)/$107(N) Stretch-n-Grow 32698

YOGA STARS

Yoga Stars helps kids channel positive energy by creating a space to practice mindfulness, strength, and breathing techniques. With our engaging weekly sessions, our Stars explore simple yoga poses with songs, props, and stories.

(18mo-3yrs parent/caregiver)
F 9:30-10:15am 4/8(8classes) CACT $71(R)/$107(N) Stretch-n-Grow 32455

(4-6yrs)
F 10:25-11:10am 4/8(8classes) CACT $71(R)/$107(N) Stretch-n-Grow 32456
MULTI-SPORT & FITNESS FUN
This fun and lively class features age-appropriate warm-ups along with a new sport or fitness activity each week. With over 70 different activities children will be introduced to anything from popular sports such as soccer, tee ball, tennis, hockey and golf to fun fitness activities such as parachute, crazy races, limbo, cardio dance, and much more. Classes will get children moving while helping to develop eye/hand coordination, fine and gross motor skills, and balance.

(1-2yrs parent/caregiver)
M 9-9:40am 4/4(8classes) MTNV $107(R)/$161(N) JumpBunch 32590

(3-6yrs)
Th 6-6:45pm 4/7(16classes) CHAP $107(R)/$161(N) JumpBunch 32588

OUTDOOR SOCCER
Taught by a former professional soccer player (Germany 1993-1996) this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children will have fun exercising, making new friends and learning basic soccer skills. Children play non-competitive games. Please bring soccer ball, water and sport shoes.

(2-3yrs)
Tu 4:15-5pm 4/5(6classes) CRRG $82(R)/$123(N) Hatfield 32339
F 9-9:45am 4/8(8classes) MTNV $82(R)/$123(N) Hatfield 32338

(3-4yrs)
Tu 10-10:45am 4/5(6classes) HRZN $82(R)/$123(N) Hatfield 32329

(3-5 yrs)
M 3-3:45pm 4/4(6classes) CACT $82(R)/$123(N) Hatfield 32327

(4-6yrs)
W 4:15-5pm 4/6(6classes) CRPR $82(R)/$123(N) Hatfield 32334

(5-7yrs)
M 4-4:45pm 4/4(6classes) CACT $82(R)/$123(N) Hatfield 32328

PRESCHOOL SUPER SOCCER STARS
(3-6yrs) Does your kid love soccer or are you simply looking to introduce him or her to this popular worldwide sport? Each week we will teach the fundamentals of soccer including shooting, dribbling, ball control, passing, and throw-ins. Classes are taught in an age-appropriate, and positive manner, and always begin with fun and exciting warm-ups.

M 10:25-11:10am 4/4(8classes) MTNV $107(R)/$161(N) JumpBunch 32649
Tu 9:15-6pm 4/5(8classes) ELDO $107(R)/$161(N) JumpBunch 32648

SUPERHERO TRAINING
(3-6yrs) To be a superhero means having strength, agility, balance, and speed. We focus on learning special superhero training skills through fun games and activities such as jumping over hot lava, dodging fireballs, light saber training, scooter flying, ghostbuster tag and so many more! Being a superhero also means having a compassion for society, a kind heart, and a willingness to do good and help others. These are qualities we discuss and talk about with our students.

W 5-5:40pm 4/6(8classes) MMRA $107(R)/$161(N) JumpBunch 32668
W 5:45-6:25pm 4/6(8classes) MMRA $107(R)/$161(N) JumpBunch 32669
Th 9:45-10:30am 4/7(16classes) CHAP $107(R)/$161(N) JumpBunch 33550
Th 10:15-6pm 4/7(16classes) CHAP $107(R)/$161(N) JumpBunch 32670

HOBBIES & INTEREST
CARS, TRUCKS AND THINGS THAT GO VROOMOOM! TRIP
(2-5yrs and parent/caregiver) Is your child thrilled at the sight of trash trucks, police cars and fire trucks? Register to get an up close look at some of the city’s most exciting and important vehicles.

F 10-10:50am 4/15(1class) NCYD $15(R)/$20(N) Parks & Rec. 32508
F 9-9:50am 4/15(1class) NCYD $15(R)/$20(N) Parks & Rec. 32509

TRAIN TRIP
(2-5yrs old and parent/caregiver) Come behind the scenes at the Paradise & Pacific Railroad. You and your child will learn about diesel engines and steam locomotives during this tour of the train shed at McCormick Railroad Park. We will board the train for a ride over the trestles and around the park. One child per parent permitted. This class is designed for parent and child interaction. Only children who are registered may attend.

Tu 9:30-10:30am 5/10(1class) MCRR $11(R)/$17(N) Parks & Rec. 32701

TRASH TRUCK TRIP
(2-5yrs and parent/caregiver) Is your child thrilled at the sight of a garbage truck picking up trash-cans? Register to get a behind the scenes tour of the Trash Transfer Station. See what happens to your trash and get a close up look at the great garbage truck! This class is designed for Parent and Child interaction. Only children who are registered for this class will be allowed to attend. One child per parent permitted.

F 9-10am 5/20(1class) SWTS $13(R)/$17(N) Parks & Rec. 32704
F 10-10:30am 5/20(1class) SWTS $13(R)/$17(N) Parks & Rec. 32705

SKATEBOARDING: INTERMEDIATE
(4-12yrs) Our intermediate skateboard lessons are designed to challenge those skaters that can already ride, to taking their skateboarding to the next level. By developing a deeper understanding of the techniques used for the basics and expand their skill set. The main focus of this class will be; expanding basic tricks, Expanding on transitional skills, focusing on flip tricks, Lip tricks, slides, and grinds.

Th 3-3:45pm 4/7(8classes) CACT $102(R)/$153(N) Petty 33265
Th 4:30-5:30pm 4/7(8classes) CPRG $102(R)/$153(N) Petty 33012

XERISCAPE GARDEN TOUR AND NATURE DISCOVERY
(2-5yrs and parent/caregiver) Discover the beauty of saving water at the Scottsdale Xeriscape Garden at Chaparral Park. See amazing desert plants and learn how they survive in an arid desert. We will take a short tour of the garden and do a fun, nature discovery activity in one of our outdoor classrooms. This class is designed for Parent and Child interaction. Only children who are registered for this class will be allowed to attend. One child per parent permitted.

F 9-9:10am 5/6(1class) CHAP $5(R)/$8(N) Parks & Rec. 32712
ART

Please view the supply list classes at ScottsdaleAZ.gov, search “art supply”

NEW YOUNG REMBRANDTS - MONSTERS, CREATURES AND CREEPS
(8-13yrs) Laugh-out-loud funny! Mind-bindingly creepy! Eerie, but exciting! If your child is a fan of creepy, crawly monsters, this art workshop is the perfect fit. Over the course your child will learn to draw and cartoon a variety of characters and even complete a large composition using pastels.

Tu 5:15-6:15pm 4/19(7classes) CHAP $72(R)/$108(N) Young Rembrandts 32747

DANCE

DANCE AND CHEER
(5-9yrs) Learn the fundamentals of dance and cheer, including cheer chant, basic stunts, cheer arm positions, dance technique and a dance routine. Boys and girls will dance to popular music they love while increasing self-confidence and coordination. All music and movements is age appropriate. A special showcase will be held on the last day of class for family and friends.

Tu 4:45-5:30pm 4/5(8classes) MMRA $93(R)/$140(N) Dance Sequins 32538

DANCE FUSION
(6-13yrs) Learn upbeat dances to warm up, dance along, perform, along with learning to count music, learning basic hip hop moves and across the floor jazz technique. Boys and girls will dance to popular music they love while getting a full body workout that develops strength, musicality, coordination, and building confidence. All music and movements is age appropriate.

M 5:05-5:50pm 4/4(6classes) CACT $93(R)/$140(N) Dance Sequins 32542

DANCE STARS
(5-8yrs) Our dancers learn the fundamentals of ballet, jazz and hip-hop while developing grace, coordination, balance and poise. By inspiring a passion for dance our imaginative and engaging classes will create twirling, self-expressive machines!

Th 4:30-5:15pm 4/7(8classes) MMRA $71(R)/$107(N) Stretch-n-Grow 32463
Th 5:30-6:15pm 4/7(8classes) MMRA $71(R)/$107(N) Stretch-n-Grow 32464

FITNESS & HEALTH

GYMNASTICS
(6-9yrs) Gymnastics develops strength, flexibility, confidence, self-discipline and body control. Class starts with warm-ups that include tuck, straddle and pike jumps. The gymnastics class includes front and back rolls, cartwheels, handstands, walk-overs, and also included is bar strengthening, stretches and conditioning.

F 5-6pm 4/8(8classes) CACT $52(R)/$78(N) Schaffer 32562
Sa 10:30-11:30am 4/9(8classes) MTNV $52(R)/$78(N) Schaffer 32275

HOBBIES & INTEREST

BEGINNING FISHING
(5-17yrs) Learn all aspects of fishing with a concentration on our Urban Fishing Program. We will cover fishing knots, gear and bait identifications, casting techniques, safety, types of fish, and more. We will also be spending time fishing in beautiful Chaparral Lake in Scottsdale. Anyone ten years or older will require a valid state or urban fishing license.
The class allows for plenty of instruction and fishing.

Sa 9am-12pm 4/9(5classes) CHAP $39(R)/$59(N) Boyer 32200

NEW BRICKS 4 KIDZ: MOTORIZED LEGO BUILDING - TRANSPORTATION
(5-11yrs) Bricks 4 Kidz® provides a stimulating atmosphere for young minds to build unique, motorized creations all while having loads of fun using LEGO® bricks. Our program explores architecture, engineering, technology, science, math (STEM) and history concepts to spark imagination and build self-confidence.

Sa 9:30-10:30am 4/9(7classes) CHAP $115(R)/$173(N) Kretsch 32212

OUTDOOR SOCCER
Taught by a former professional soccer player (Germany 1993-1996) this class will introduce children to stretching, passing, dribbling and basic elements of team spirit. Children will have fun exercising, making new friends and learning basic soccer skills. Children play non-competitive games. Please bring soccer ball, water and sport shoes.

(5-7yrs)
M 4-4:45pm 4/4(6classes) CACT $82(R)/$123(N) Hatfield 32328

SCHOOL AGE SUPER SOCCER STARS
(6-10yrs) This clinic is a great way for children to prepare for the upcoming soccer season, or to improve and build their individual soccer skills. All soccer skill levels are welcome. Our JumpBunch coaches will assess each child to make sure they are learning at their own pace. Some of the soccer specific drills we teach are based around dribbling, kicking, passing, and shooting. We will play several games to help enhance children’s soccer skills, while also building a sense of teamwork in a fun and safe environment.

Tu 6-6:45pm 4/5(8classes) ELDO $107(R)/$161(N) JumpBunch 32652

KOKIKAI KIDS: MARTIAL ARTS
(8-13yrs) Kokikai Kids is an introductory martial arts class. Students will engage in activities such as stretching, rolling, conditioning exercises, and movement for self-defense. Youth may come away from this class with increased confidence, mind-body awareness, and an appreciation for traditional martial arts.

W 6-6:50pm 4/6(6classes) MTNV $47(R)/$71(N) Barker 32574
**YOUTH (5-17 YEARS)**

**NEW** CHALLENGE ISLAND: SHARK TOOTH ISLAND
(6-11yrs) Get ready to chomp into some fin-tastic challenges on Shark Tooth Island®! You and your friends will test your STEAM savvy at action-packed destinations like Great White Bridges®, Blow Cart Beach®, and Ice Cream Stream®. We will build helicopters, boats, bridges and more!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Start Date &amp; Length</th>
<th>Location</th>
<th>Course Code</th>
<th>Fees, Resident/Non-Resident</th>
<th>Instructor, when applicable</th>
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<tbody>
<tr>
<td>Tu Th</td>
<td>3:30-4:45pm</td>
<td>4/5(16classes)</td>
<td>HRZN</td>
<td>$130(R)/$195(N)</td>
<td>Nathan 32825</td>
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<tr>
<td>Tu Th</td>
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<td>MTNV</td>
<td>$130(R)/$195(N)</td>
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**SKATEBOARDING FOR BEGINNERS**
Our beginner skateboard lessons are designed to teach you the basics in a safe and fun environment. This class is great for someone who has never skateboarded or has little to no experience.

(6-8yrs)
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<tr>
<th>Day</th>
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<th>Instructor, when applicable</th>
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<tr>
<td>Tu</td>
<td>4:30-5:30pm</td>
<td>4/5(8classes)</td>
<td>ELDO</td>
<td>$102(R)/$153(N)</td>
<td>Petty 32600</td>
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(9-11yrs)
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<th>Course Code</th>
<th>Fees, Resident/Non-Resident</th>
<th>Instructor, when applicable</th>
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<tbody>
<tr>
<td>Tu</td>
<td>5:45-6:45pm</td>
<td>4/5(8classes)</td>
<td>ELDO</td>
<td>$102(R)/$153(N)</td>
<td>Petty 32602</td>
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**SKATEBOARDING: INTERMEDIATE**
(6-8yrs) Our intermediate skateboard lessons are designed to challenge those skaters that can already ride, to taking their skateboarding to the next level. By developing a deeper understanding of the techniques used for the basics and expand their skill set. The main focus of this class will be; expanding basic tricks, Expanding on transitional skills, focusing on flip tricks, Lip tricks, slides and grinds.

(4-12yrs)
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<th>Day</th>
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<th>Fees, Resident/Non-Resident</th>
<th>Instructor, when applicable</th>
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<tr>
<td>Th</td>
<td>3:15-4:15pm</td>
<td>9/18(12wks)</td>
<td>HRZN</td>
<td>$57(R) / $86(NR)</td>
<td>Martin 102812</td>
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<tr>
<td>Th</td>
<td>4:30-5:30pm</td>
<td>4/7(8classes)</td>
<td>ELDO</td>
<td>$102(R)/$153(N)</td>
<td>Petty 33265</td>
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**MUSIC**

**BEGINNING GUITAR**
(11-15yrs) Purchase guitar book before first class: “Alfred’s Basic Guitar Method Book 1” - 3rd Edition by Morty and Ron Manus 00-33304 book only - No CD or DVD needed. Approx. $6.99. Students must have a guitar of their own and bring it to class. Acoustic or electric 6string guitars welcome, small amplifiers can be used. Bring a 3-ring binder to first class. A $5 nonrefundable cash supply fee is due to instructor on first day of class.

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<tr>
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<td>4:30-5:15pm</td>
<td>4/4(8classes)</td>
<td>CHAP</td>
<td>$62(R)/$93(N)</td>
<td>Fahy 32487</td>
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**PIANO/KEYBOARDING**
(5-12yrs) Your child will learn to play favorite songs in the first few lessons! Whether it’s Star Wars or JS Bach, SpongeBob or Disney, Taylor Swift or Mozart, Elements has it covered! Elements is an Innovative Piano program designed to give your child the best opportunity for a successful start on the Piano keyboard. Elements is a Musical Adventure that includes the Fundamentals that are Key to learning the Piano; Note Reading, Music Theory, Rhythm, Chords, Piano Technique, and all the skills needed to play the music from class. Keyboards are provided for students class use; Recital held for family and friends on the last day of class.

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<tbody>
<tr>
<td>Sa</td>
<td>9:15-10:15am</td>
<td>4/9(5classes)</td>
<td>HRZN</td>
<td>$101(R)/$152(N)</td>
<td>Elements Music 32349</td>
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**PIANO/KEYBOARD TEEN/ADULT**
(13+) From Santana to Sinatra and Streisand; from the Beatles to Bach and Beethoven; from Broadway hits such as Phantom and Cats; to movie themes from the Titanic, Star Wars, James Bond and Lord of the Rings. This unique award winning method teaches keyboard skills on real songs you know and love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

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<tbody>
<tr>
<td>W</td>
<td>6:30-7:30pm</td>
<td>4/6(6classes)</td>
<td>HRZN</td>
<td>$119(R)/$179(N)</td>
<td>Elements Music 32632</td>
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**REGISTRATION QUESTIONS? 480-312-7957**
Call us before Feb. 28 so we can guide you through the process, making registration a breeze!
Mark Your Calendars Scottsdale Summer Camps

June 6 – July 22

Scottsdale Summer Camps offer dynamic, enriching recreational opportunities for youth of Scottsdale that address the changing lifestyles and needs of families. Our goal is to provide children a safe, comfortable and enriching place to play and engage others during the summer.

Online registration for summer camps opens April 24 for residents of Scottsdale, and April 25 for everyone else.

For more information, visit ScottsdaleAZ.gov, and search 'Summer Camps'.

MOUNTAIN VIEW COMMUNITY CENTER IS THE PERFECT PLACE FOR YOUR NEXT MEETING, BIRTHDAY PARTY, EVENT OR SPORTS PRACTICE!

EVENT ROOMS:
We offer a variety of rooms, tables, chairs and even a stage!

INDOOR GYM:
Half Court Basketball Court is available to reserve for $60 an hour!

To learn more about these Reservation opportunities, call the Mountain View Community Center at: 480-312-2584.
ADULT [14+ YEARS]

ARTS & CRAFTS

Please view the supply list for classes at ScottsdaleAZ.gov search: 'Art Supply'

NEW CREATIVE PAINTING WITH ACRYLICS & WATERCOLOR

(18+) Paint your own painting - your choice of subjects or bring your own artwork for assistance. In this class you will learn methods of applying paint and techniques for beginners. We encourage experienced artists to improve their craft as well. In this class you will learn and improve your drawing, sketching, composition, dimensions, color theory, color mixing, paint application with brushes and palette knife, with an easy step by step process of instruction from beginning to completion. For beginners to advanced artists. Bring your own easel.

M 9am-12pm 4/4(8classes) BGPB $66(R)/$99(N) Khamis 32941

NEW WATERCOLOR

Class is open to painters of all experience levels looking to better familiarize or advance their application of watercolor painting. Participants will have the opportunity to build on their drawing skills, establishing proper proportions, sighting space and distance while exploring different styles of expression through color and composition. Landscape, still life, abstract and illustration. Learning and developing, with the beauty of watercolor will show you the possibilities it can bring to your work. There will also be demos on watercolor techniques traditional and not so traditional.

W 9am-noon 4/6 (6 classes) VLSC $122(R)/$183(NR) Godwin 32421

ART EXPLORERS OPEN STUDIO

(18+) This is your time to create as you like what inspires your creativity! This brings a great mix of students who love being creative together, at all levels sharing, learning and being supportive in the arts for you. The instructor can either have set projects for you or you can work on your own art of choice in whatever medium. Each week participants will see a 20 min demonstration of a technique. This will include colored pencils, acrylic, watercolor painting, collage design, basics of drawing, color theory and more.

Tu 10am-1pm 4/9(7classes) HRZN $98(R)/$147(N) Godwin 32188

DRAW/PAINT

Have the freedom to use any medium you choose; pencil, colored pencils, pastels, watercolor, oil and acrylic. Teacher emphasis is on individual attention and projects. $1 nonrefundable cash supply fee is due to instructor on first day of class. Must be present at first class for orientation and demonstrations.

(15+)

M 9am-12pm 4/4(8classes) ELSO $83(R)/$125(N) Chestney 32547
M 6:30-9:30pm 4/4(8classes) ELSO $83(R)/$125(N) Chestney 32548
Tu 6:30-9:30pm 4/5(8classes) ELSO $83(R)/$125(N) Chestney 32263
W 9:30am-12:30pm 4/6(8classes) ELSO $83(R)/$125(N) Chestney 32264
W 1-4pm 4/6(8classes) ELSO $83(R)/$125(N) Chestney 32551
Th 9:30am-12:30pm 4/7(8classes) ELSO $83(R)/$125(N) Chestney 32266
Th 1-4pm 4/7(8classes) ELSO $83(R)/$125(N) Chestney 32553

(18+)

Th 9am-12pm 4/7(8classes) VLSC $119(R)/$179(N) Consalvo 32268

DRAWING

(18+) Focus on the basic fundamentals of drawing, learning various techniques including: perspective, shading, proportion and composition. Enjoy using pencil, colored pencils and charcoal.

Tu 1-4pm 4/5(7classes) VLSC $106(R)/$159(N) Consalvo 32269
Th 9am-12pm 4/7(8classes) ELDO $106(R)/$159(N) Milman 32270

ADVANCED OIL PAINTING

(18+) For those serious artists who have painted in oil continuously, and have completed at least 3 or more paintings in the past year. We will explore self-portraits, portraiture, figurative, pet portraits, and special effect painting, including challenging elements, such as hair, fur, ice cubes, glass/reflections, and more.

M 4:45-7:45pm 4/4(8classes) VLSC $120(R)/$180(N) Taylor 32324
Tu 9am-12pm 4/5(7classes) VLSC $98(R)/$147(N) Roberts 32320
W 1-4pm 4/6(8classes) CRSC $120(R)/$180(N) Taylor 32323
W 1-4pm 4/6(8classes) VLSC $71(R)/$107(N) Fried 32322
F 1-4pm 4/8(8classes) VLSC $119(R)/$179(N) Consalvo 32321

OIL AND ACRYLIC PAINTING

(18+) New and continuing students will focus on developing basic skills, exploring color, style and various techniques in a relaxed environment. Learn techniques using acrylic or oil paints. Learn to develop a portrait, landscape, floral, abstract or non-representational forms.

M 9am-12pm 4/4(8classes) VLSL $120(R)/$180(N) Taylor 32324
Tu 9am-12pm 4/5(7classes) VLSL $98(R)/$147(N) Roberts 32320
Tu 1-4pm 4/6(8classes) GRSC $120(R)/$180(N) Taylor 32323
W 1-4pm 4/6(8classes) VLSL $71(R)/$107(N) Fried 32322
F 1-4pm 4/8(8classes) VLSL $119(R)/$179(N) Consalvo 32321

THE JOY OF OIL PAINTING

(18+) Continue or begin a rewarding painting experience with the oldest and easiest medium to use. Oil paints provide gorgeous color, blendability, can be applied in many layers for great results, and are biodegradable and safe to use. My goal is to use my 49 years of painting experience - successes and failures, to get you to advance quicker in your artistic endeavors than I have!

W 1-4pm 4/7-4/8 6:45-7:45pm 4/8(8classes) VLSL $71(R)/$107(N) Fried 32326
PAINT STUDIO
(18+) Welcome beginners, intermediate and advanced artists. Focus on the media of your choice: oils, acrylics, watercolors or mixed media. Enjoy exploring art making and expanding your skills.

M 1-4pm 4/4(8classes) VLSC $84(R)/$126(N) Khamis 32341

PASTELS
(18+) New and continuing students will learn techniques using Pastels. Learn to develop a portrait, landscape, floral, abstract, or a nonrepresentational form with ease. Color is the magical element that gives feeling & emotion to art. Once you understand the meaning of color, it will help you determine the palette to evoke strong emotional response in your paintings. Come learn how color can help your work!

Th 1-4pm 4/7(8classes) VLSC $110(R)/$165(N) Schneider 32243

WATERCOLOR
(18+) Transparent watercolor for the beginning as well as intermediate student will include basic techniques, color and composition using landscape, still life and portrait. Individual attention with emphasis on learning to see as the artist does.

M 1-4pm 4/4(8classes) GRSC $120(R)/$180(N) Taylor 32423
W 9am-12pm 4/5(8classes) VLSC $122(R)/$183(N) Goodwin 32421
F 9am-12pm 4/8(8classes) VLSC $105(R)/$158(N) TBA 32422

CERAMICS

HOME ACCENTS
(18+) Rev up your house and patio with fireplace sculptures, book shell decorations, lamps, flower pots, bonsai dishes and more! Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron and small bucket. $18 non-refundable cash glaze material fee per registered class due to instructor at first class.

Sa 9:30am-12:30pm 4/9(8classes) ELDO $128(R)/$192(N) Peterson 32226
Sa 1-4pm 4/4(8classes) ELDO $128(R)/$192(N) Peterson 32227

INTRODUCTION TO CLAY
Introduction to basic clay techniques, including coil, pinch, slab, wheel and glazing. Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form, as time allows. Bring basic ceramics tools (cutting wire, brushes, sponge, needle tool) and 25 lbs Cone 5/6 clay to first class. $18 non-refundable material fee per registered class due to instructor at first class.

(18+)
M 5-7:45pm 4/4(8classes) GRSC $128(R)/$192(N) Peterson 32230
(18+)
Tu 9am-12pm 4/5(8classes) ELDO $116(R)/$174(N) Shock 32228
Th 9am-12pm 4/7(8classes) ELDO $116(R)/$174(N) Shock 32229

OPEN STUDIO
(18+) Studio time for working on your clay projects independently. Equipment available includes electric wheels, slab roller, and staff-fired Cone 5/6 electric kiln, plus slips, glazes, and more. NO INSTRUCTION: Proficiency in hand-building or wheel-throwing at an intermediate level or above required. You must be able to design, carry out, and complete a project from wet clay to glazing without assistance. Pieces created at Eldorado clay studio are eligible for firing in the studio kilns. Please bring $18 (cash) non-refundable material fee per registered class to first meeting. Note: instructor approval is required for this class. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to find a class at the correct level.

Tu 12:30-3:30pm 4/5(8classes) ELDO $116(R)/$174(N) Shock 32231
Th 12:30-3:30pm 4/7(8classes) ELDO $116(R)/$174(N) Shock 32232

COOKING CLASSES

NEW ARIZONA FOODWAYS: 4,000 YEARS OF FOOD HISTORY - ONLINE
(15+) Arizona is home to the oldest history of Agriculture in the United States. From Indigenous ingredients to the Spanish Mission era, and waves of immigration, taste 4,000 years of food history from your home kitchen. Join us for a virtual kitchen class, buy local, and cook along with a Professional Chef and Food Anthropologist, from your home kitchen, while learning the history of Arizona food.

Sa 1-6:30pm 5/14(1class) ONLINE $33(R)/$50(N) Sampson 32309

ONLINE MEDITERRANEAN DIET 101
(15+) Join a professional Chef and learn the scientific research behind the Mediterranean Diet while making a heart-healthy, low glycemic index, diabetic-friendly dinner. Cook from home and have all your questions answered by an expert. Instructions and recipes will be provided to all registered students. Buy your ingredients ahead of time and follow along, or simply watch and ask questions as if you were watching the food network live. All recipes can be modified for your dietary restrictions and all levels of culinary experience are welcome!

Sa 1-6:30pm 4/9(1class) ONLINE $33(R)/$50(N) Sampson 32311

DIGITAL PHOTOGRAPHY

BEGINNING
(15+) Learn the basics of photography, how to use your camera and discover what all those buttons really do. Then begin the process to really “see” your subject before clicking the shutter. Mix in weekly photo assignments to apply what you learn and you will leave this class feeling good about your photography while having fun. This class is taught using DSLR cameras. Bring your DSLR camera to each class.

M 6-7:30pm 4/4(6classes) VLSC $49(R)/$74(N) Bochenek 32258
### INTERMEDIATE/ADVANCED

(15+) This course is for passionate photographers who understand the basics like f/stop and shutter speed and are looking to take more eye-catching photos. We will explore different composition and framing techniques that will draw the viewer into your photos. We'll expand on topics like the use of light, what makes an image impactful, and ideas for more artistic images.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Classes</th>
<th>Fees</th>
<th>Location</th>
<th>Instructor</th>
<th>Code</th>
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<tr>
<td>M</td>
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<td>HRZN</td>
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### SPANISH: LEVEL II

(14+) Continue your study of essential Spanish grammar and vocabulary. Build every day, informal conversation. Move beyond the basics to explore more about the present, past, and future tenses. Practice and develop skills in reading, writing and speaking Spanish. The emphasis of this class will be fluency and accuracy in spoken Spanish.

<table>
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<tr>
<th>Day</th>
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<tr>
<td>Th</td>
<td>6:05-7:35pm</td>
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<td>GRSC</td>
<td>$64(R)/$96(N)</td>
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### FOREIGN LANGUAGE

### NEW INTRODUCTION TO FRENCH AND FRENCH CULTURE

(18+) A fun and engaging course for beginners who are new to French and want to learn the conversational basics with the dream of one day using it in practice and travel. We will also learn about French culture. Note: This class is NOT for fluent speakers due to its beginning level.

<table>
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<tr>
<th>Day</th>
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<th>Fees</th>
<th>Location</th>
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<tr>
<td>W</td>
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<td>CHAP</td>
<td>$64(R)/$96(N)</td>
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### ONLINE BEGINNER SPANISH: STEP 1

(14+) Are you starting from square one? This course you will learn pronunciation, essential vocabulary and enough grammar to communicate basic ideas. Listening and speaking are emphasized along with simple reading and writing.

<table>
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<tr>
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<td>Tu</td>
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### ONLINE BEGINNER SPANISH: STEP 2

(14+) This course is for students who completed Beginner Spanish course. Interactive practice aimed at building vocabulary, conversation, grammar and basic reading.

<table>
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<tr>
<th>Day</th>
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<th>Location</th>
<th>Instructor</th>
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<td>M</td>
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### FRENCH: CONTINUING


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<td>4/5(classes)</td>
<td>HRZN</td>
<td>$89(R)/$134(N)</td>
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### SPANISH: LEVEL I

(14+) Learn the fundamentals of the Spanish language. Classes will cover basic grammar, pronunciation and vocabulary. This class will emphasize listening, speaking, reading, and writing.

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<tr>
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<th>Location</th>
<th>Instructor</th>
<th>Code</th>
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<tbody>
<tr>
<td>Th</td>
<td>4:30-6pm</td>
<td>4/7(classes)</td>
<td>GRSC</td>
<td>$64(R)/$96(N)</td>
<td>Chavez</td>
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### BALLROOM: THE BASICS

(18+) Learn and improve the dances you need to feel comfortable in any social situation. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing and much more. **This class is for couples only.**

<table>
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<tr>
<th>Day</th>
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<th>Location</th>
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<tbody>
<tr>
<td>Tu</td>
<td>5:45-6:40pm</td>
<td>4/5(classes)</td>
<td>FENP</td>
<td>$39(R)/$59(N)</td>
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<td>32480</td>
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### BALLROOM: BEYOND THE BASICS

(18+) This is NOT a beginner’s class. Here’s a chance for the student who has taken the beginner’s class to learn more about the basic and beginning level social dances. The focus will be to add onto the students existing step patterns and technique to help improve movement on the dance floor. Dances may include: foxtrot, waltz, cha-cha, tango, rumba, swing and much more. **Must have taken The Basics class prior to enrolling in this class. This class is for couples only.**

<table>
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<tr>
<td>Tu</td>
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<td>FENP</td>
<td>$39(R)/$59(N)</td>
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**REGISTRATION QUESTIONS? 480-312-7957**

Call us before Feb. 28 so we can guide you through the process, making registration a breeze!
BALLROOM: DANCE PLUS
(18+) For the dancer who has had several classes of Beginning and Beyond the Basics class but not yet ready for an intermediate level class. Brush up and enhance your dances skills in dances like swing, foxtrot, waltz, Latin dances, tango and more. No partner required; however, we cannot guarantee there will be enough partners to share during class.

**New!** BESST BALANCE FOR SENIORS
(18+) Join us for exercises to maintain independence and prevent falls! If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level. No partner required; however, we cannot guarantee there will be enough partners to share during class.

DANCE IT UP!
(18+) Get your groove on with simple, follow-along dances and learn new dance moves that get your heart pumping to songs from your old mix-tape playlists of various genres and styles of music (70’s Disco, 80’s Pop/Rock, 90’s Dance, 2000’s-present Pop, Latin, Country, Movie Soundtracks, Broadway Musicals, etc.) You’ll love the fun moves and the good feeling vibes, but you’ll come back for the playlists! This class has a dance party vibe where we warm up, tone up, get our heart rate up, sweat it up, smile it up, and dance it up!

GLOBAL CARDIO GROOVE
(18+) Dance your way around the world in this fun cardio workout class that incorporates a mix of dance styles and contemporary music from across the globe. Easy-to-follow and exciting combinations of dance choreography and fitness moves exercise the entire body, targeting major muscle groups as well as providing a beneficial cardio workout. Both high and low impact options are offered so you can choose the level that is right for you!

LINE DANCING: BEGINNERS
(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for Country, Latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class. His is a beginner level class. Come join the fun. Some dance experience would be helpful.

LINE DANCING: HIGH BEGINNER/LOW INTERMEDIATE
(18+) Exercise your mind and body while dancing. Everyone is welcome to join this fun and energizing line dance class. Learn steps and line dances for Country, Latin, waltzes, old standbys and newer dances. No partner is required to enjoy this class. This is a high beginner/low intermediate level class. Come join the fun. Some dance experience and knowledge of dance steps helpful.

TAP: SENIOR BEGINNING TECHNIQUES
(18+) Learn the basics of dance steps and combinations while improving your memory and having fun.

TAP: SENIOR INTERMEDIATE LEVEL 1 & 2
(18+) Learn the basics of dance routines while improving your memory and having fun. If you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

**NEW** BETTER BALANCE FOR SENIORS
(18+) Join us for exercises to maintain independence and prevent falls! While much of the focus will be on strengthening the core and maintaining core strength, this class will also offer exercises to help seniors to walk better and prevent falls. The class will also offer exercises and strategies to help you get back up in case you do fall. This class will be done sitting or using the chair as a prop for standing exercises. All levels of physical fitness and standing abilities are welcome!
NEW! CHAIR REIKI I: SELF HEALING WORKSHOP
(18+) Come experience the gentle warmth of Reiki energy! Reiki energy is universal life force that you direct with your hands. It is a simple, natural and safe method of healing that everyone can use. It is effective in treating emotional and physical ailments and works in conjunction with traditional medicine to promote recovery and is offered in many hospitals. Reiki treats the whole person, body, mind and spirit, creating beneficial effects that include relaxation and feelings of well being. Reiki skills are taught in a classroom setting, but the ability to use Reiki energy is transferred to the student by an attunement given by a Reiki Master, which allows the student to tap into an unlimited supply of “life force energy” to improve their health and enhance their quality of life.

NEW! CHAIR REIKI II: SELF HEALING WORKSHOP
(18+) Become an instrument of healing by learning to send healing energy to friends and family both near and at a distance. No touching required. What you send to others significantly increases your own self-healing and contributes to the healing of the world.

NEW! SUPER CIRCUIT
(14+) Stations set up to alternate between aerobic training and strength training. Class will start with a warm-up and end with a cool down stretch. Nice for different levels as you work according to your ability.

NEW! WIND DOWN
(14+) A slow and gentle way to end your day, combining Pilates, yoga, stretch, breathing and meditation.

AEROBICS
(18+) Start your day off right with this ‘work at your own pace’ cardio class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning and stretching exercises are all included. Modifications are provided.

BARRE EXPRESS
(14+) Barre Express is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary.

BODY AND MIND
(18+) Whip your heart, mind, and body into shape while having a great time. This course combines aerobics with yoga & Pilate’s providing a full body workout including cardio, strengthening and flexibility.

BODY CONDITIONING
(18+) Exercise class concentrating on enhancing body tone, strengthening and stretching. This will include an educational aspect on fitness and wellness, to incorporate fitness into everyday life.

BOXX: THE BOLLYWOOD WORKOUT!
(14+) BollyX, featured on ABC’s SHARK TANK! earlier this year, is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. Its 50-minute cardio workout cycles between higher and lower-intensity dance sequences to get you moving, sweating, and smiling. At the very core of a BollyX workout is the inspiration it draws from the music and dance of Bollywood, the film industry of India. We embody the infectious energy, expression and movement of Bollywood and aim to expand the reach of fitness to more people worldwide.

CARDIO-CORE FITNESS
(18+) A fusion of music provides a great cardio workout and lots of fun. Reduce stress, tone your body, strengthen your muscles, increase flexibility and build core strength. Foot movements are modified as needed and everyone is encouraged to work at their own pace. All levels are welcome.

CHAIR YOGA
(18+) Practice yoga using a chair instead of a mat! This class is designed for those who want to take a yoga class, but have difficulty getting up off of and down onto the floor. The chair is used in sitting postures to help stretch and warm up the body and open the shoulders and neck. This is followed by a series of standing poses, using the chair for support in standing and balancing, when needed. The exercises are specifically designed and sequenced for those who want to stay healthy, keep moving and maintain their independence as they age, as well as for those with limited mobility or movement disorders. These exercises will safely improve flexibility, strength and balance and help to maintain mobility, without the impact and stress of traditional exercises. Beginners are welcome and no previous yoga experience is needed.
CHAIR YOGA: INTERMEDIATE
(18+) Practice yoga using a chair instead of a mat! This quicker paced, flow style, chair yoga class will use the chair in sitting postures to help stretch and warm up the body, followed by a series of standing and balance poses, using the chair for support when needed. These yoga based exercises and sequences are specifically designed those who want to stay healthy, keep moving, maintain their independence as they age and have a little fun trying new variations on traditional yoga poses to improve strength, flexibility and balance. Previous yoga or chair yoga experience is needed and students must be able to stand and walk independently, without the support of a walker or cane.

M 8:10-9:05am 4/4classes VLSC $61(R)/$92(N) Yancy 32531
Th 8:10-9:05am 4/7classes VLSC $67(R)/$101(N) Yancy 32244

CORE AND MORE
(14+) Structured to accommodate all goals and fitness levels, this full body circuit training format, which incorporates cardio activity alongside strength training, is designed to strengthen your entire body. Get your heart rate up and burn calories as you jump from exercise to exercise working your way through each muscle group, with an emphasis on the core muscles (abs, lower back, hips, and butt).

Tu 5:30-6:30pm 4/5classes MMRA $40(R)/$60(N) Teisch 32249
Th 5:30-6:30pm 4/7classes MMRA $40(R)/$60(N) Teisch 32250

DANCE CARDIO FUSION
(18+) Make sweat sexy with 50 minutes of hi-energy movement in a gritty, urban, and inclusive atmosphere. Simple indie-funk dance choreography punctuated by body toning and hi-intensity intervals engages all muscles, moves you in all directions, and surges your metabolism. Most importantly, this class is about self-love, respect for others, and keeping it real. Body image, performance, perfection, and exclusivity are left at the door. Class is open to all. Body image, performance, perfection, and exclusivity are left at the door. Class is open to all. Class is open to all.

Tu 6-6:50pm 4/5classes CACT $54(R)/$81(N) Jacobs 32765

PARKINSON’S POWER EXERCISES
(18+) Are you experiencing stooped shoulders? Shuffling feet? Loss of balance? Lack of coordination? Please join a skilled Parkinson’s professional who will lead you through an energetic full body workout specifically designed to increase body awareness, improve flexibility and increase your heart rate in a fun and supportive environment. Participants must be able to stand unassisted.

Th 1-2pm 4/7classes VLSC $43(R)/$65(N) Smith 33296

PERSONAL FITNESS
(18+) Certified personal trainer keeps the class fun. Class includes stretching, handheld weights, stretch bands, balance exercises, and chair exercises, and fun recreation games.

M F 10:30-11:30am 4/4classes GRSC $81(R)/$122(N) Bockal 32344

PILATES
This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend.

(18+)

M 10:30-11:30am 4/4classes MMRA $79(R)/$119(N) Nicholas 32351
W 6:15-7:15pm 4/6classes HRZN $54(R)/$81(N) Martin 32638

(18+)

Tu 1:30-2:30pm 4/5classes VLSC $61(R)/$92(N) Yancy 32640
Th 1:30-2:30pm 4/7classes VLSC $67(R)/$101(N) Yancy 32639

INTERMEDIATE/ADVANCED
(14+) This class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend. Three months of Pilates experience suggested.

W 10-11am 4/6classes MMRA $79(R)/$119(N) Nicholas 32358

GENTLE CHAIR PILATES
(18+) Practice yoga using a chair instead of a mat! This class is designed for those who want to take a Pilates class, but have difficulty getting up off of and down onto the floor. The class is useful in sitting postures to help stretch and warm up the body and open the shoulders and neck. This is followed by a series of standing poses, using the chair for support in standing and balancing, when needed. The exercises are specifically designed and sequenced for those who want to stay healthy, keep moving and maintain their independence as they age, as well as for those with limited mobility or movement disorders. These exercises will safely improve flexibility, strength, and balance and will help to maintain mobility, without the impact and stress of traditional exercises. Beginners are welcome and no previous yoga experience is needed.

W 9-9:55am 4/6classes VSTA $67(R)/$101(N) Yancy 32529

CHAIR PILATES
(18+) Pilates fusion style class uses exercises and sequences that are specifically designed for those who want to stay healthy, keep moving and maintain their independence as they age! The exercises will target a strong core, a healthy back, shoulders, pelvis and knees….with a little fun mixed in! We will be using the chair in sitting exercises to help warm up, stretch and lengthen the body. There will also be an emphasis on the core, back and shoulders using a variety of props, which will be provided. No Pilates experience is needed and beginners are welcome! Students must be able to stand and walk independently, without the support of a walker or cane.

Tu 8:10-9am 4/5classes VLSC $63(R)/$92(N) Yancy 32519

CLASS LISTING LEGEND

The description for this course will be listed in this section. The description may include age restrictions, activities, overview of the class.

W 5:15pm-5:55pm 9/18(12weeks) HRZN $57(R) / $86(NR) Martin 102812
Day  Time  Start Date & Length  Location  Course Code  Fees, Resident/Non-Resident  Instructor, when applicable

REGISTRATION QUESTIONS? 480-312-7957
Call us before Feb. 28 so we can guide you through the process, making registration a breeze!
PILATES GENTLE
(18+) This Pilates class contains all the benefits to a traditional Pilates class, however the style is slower and a more gentle approach. All levels of athletic ability are encouraged to attend.

W 10:30-11:30am 4/6(8classes) GRSC $50(R)/$75(N) Alfraid 32357

PILATES: GOLF CONDITIONING
(14+) This conditioning program can significantly enhance your golfing experience while extending your years of play. Increasing strength and flexibility and decrease your risk for injury. Building better bodies and minds is the original purpose of Pilates. Make the most of the equipment that you already have your body and your mind.

Tu 5-5:50pm 4/5(8classes) HRZN $54(R)/$81(N) Martin 32641
Th 5-5:50pm 4/7(8classes) HRZN $54(R)/$81(N) Martin 32356

STEP AND STRENGTHEN
(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa 9:15-10:15am 4/9(8classes) HRZN $43(R)/$65(N) Alfraid 32379

STRETCH IT OUT!
(18+) This class is designed to loosen tight muscles and joints in a slow and gentle pace. Perfect for those suffering from lower back pain due to limited range of motion. Assists in greater range of motion and flexibility.

W 12pm-1pm 4/6(8classes) VLSC $50(R)/$75(N) Alfraid 32380

POUND ROCKOUT WORKOUT
(14+) In this Workout, Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out.

Tu 6:45-7:45pm 4/5(8classes) MMRA $61(R)/$92(N) Ramula 32359

TONE AND STRETCH
(18+) Start your day off right with this ‘work at your own pace’ cardio and toning class! Warm-up, stretch, hi/low impact cardiovascular activity, muscle toning, stretching and mat work exercises are all included in this total body workout. Class ends with a cool-down and a guided meditation. Modifications are provided. Please bring your own hand weights.

M 8:15-9:05am 4/4(8classes) VLSC $42(R)/$63(N) Robertson 32408
F 8:15-9:05am 4/7(7classes) VKSC $45(R)/$68(N) Plummer 34099

ZUMBA GOLD
(18+) Like Zumba, this class is a dance party! Zumba Gold is geared for active older adults, newcomers to a fitness routine, and anybody looking for a lower impact workout. The fusion of Latin, international, and popular music and various dance themes creates a fun, exciting, and effective fitness program. The choreography is easy to follow and focuses on balance, range of motion, and coordination. It’s a full body workout without the work!

M W 1-1:45pm 4/4(16classes) VLSC $48(R)/$72(N) Scott 32246
W 8:45-9:45am 4/6(8classes) VLSC $54(R)/$86(N) Kenrick 33200

THE TOTAL WORKOUT
(18+) Energize your body and mind with this total body workout. Improve your cardiovascular system with gentle aerobic exercise and muscular strength using light hand weights and your own body weight as resistance. Improve posture and balance. Cool down with gentle stretching and deep breathing. Working out in your comfort zone is encouraged.

F 9:15-10:15am 4/8(7classes) GRSC $39(R)/$59(N) Alfraid 32407

STEP AND STRENGTHEN
(14+) Have a great time getting in shape while following basic step movements and being instructed on strengthening exercises. Basics are covered for those that are new to stepping and modifications are given when needed. Strengthen your legs, upper body and core with low intensity training.

Sa 9:15-10:15am 4/9(8classes) HRZN $43(R)/$65(N) Alfraid 32379

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M 8:15-9:05am 4/4(8classes) VLSC $42(R)/$63(N) Robertson 32408
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M W 1-1:45pm 4/4(16classes) VLSC $48(R)/$72(N) Scott 32246
W 8:45-9:45am 4/6(8classes) VLSC $54(R)/$86(N) Kenrick 33200

ZUMBA:
(18+) ZUMBA is a fusion of Latin and International music & dance themes to create a dynamic, exciting and effective fitness system! The routines feature salsa, merengue, cumbia, samba and many more steps presented as aerobic/fitness interval training combining fast and slow rhythms to tone and sculpt the body. It is this mixture of body sculpting movements in easy to follow dance steps and the principals of fitness interval and resistance training that allow Zumba participants to maximize their caloric and fat burning output for total body toning.

Th 1-2pm 4/7(8classes) GRSC $64(R)/$96(N) Kenrick 33202

ZUMBA GOLD
(18+) Like Zumba, this class is a dance party! Zumba Gold is geared for active older adults, newcomers to a fitness routine, and anybody looking for a lower impact workout. The fusion of Latin, international, and popular music and various dance themes creates a fun, exciting, and effective fitness program. The choreography is easy to follow and focuses on balance, range of motion, and coordination. It’s a full body workout without the work!
ZUMBA TONING
(18+) The addition of Zumba® Toning Sticks or light dumbbells (1 to 2.5 lbs) turns up the fun and fitness at this dance party! Zumba® Toning is a circuit training that benefits cardiovascular health as well as muscle conditioning and toning. This weighted workout targets muscle groups in the arms, core, and lower body and also increases a sense of rhythm and coordination. You’ll have a blast while you build strength and reshape your body!

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TAI CHI
(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections.

BEGINNING
Beginning class will cover positions from the first section.

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INTERMEDIATE
Students must be proficient in positions from the first section.

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ADVANCED
(18+) Learn the Yang Style Long Form, a slow, graceful, rhythmic exercise, which promotes good health and improves balance, memory and concentration. The Yang Style Long Form is a series of postures which are broken into three sections. All students must be proficient in the positions from the first and second sections. This class will review the positions of the first and second sections and will cover positions from the third section. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

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TAI CHI/QIGONG IN THE PARK
(18+) A gentle, flowing practice in nature that improves flexibility, balance, lung capacity, and posture; calms the mind; and strengthens the immune system. Each class is 75 minutes comprising roughly 1/3 Mindful centering, stretching, breathing, and balancing; 1/3 Tai Chi movements; and 1/3 Qigong movements focused on strengthening the immune system. The heart of this practice is sometimes referred to as “Easy Tai Chi”. It was developed to give you all the benefits of classic Tai Chi (and more!) in an easier, more accessible way.

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YOGA & MEDITATION

NEW 26 POSTURE YOGA
(18+) Based on the Bikram Yoga series, this non-heated 26-posture class is an hour format with several postures practiced once. During class you systematically work all your joints, muscles, and glands while building strength and endurance, and advanced alignment cues add a new dimension to your yoga practice. All levels are welcome.

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NEW F-A-B YOGA
(18+) Practice simple yoga postures to enhance your Flexibility - Agility - and Balance, three of the primary components to maintaining optimum health as we age. Each hour-long class will focus on one or more of these characteristics. We will practice different postures each time. All levels of yoga experience are welcome, from brand-new beginners to experienced practitioners. The ability to move up and down from the floor is helpful, but modifications will be offered using chairs and props. Join us for this fun, light-hearted, and health-enhancing experience!

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NEW GENTLE BEGINNING YOGA
(18+) This class is to help calm and heal the mind and body through principles of mindfulness meditation; gentle alignment-based yoga poses; and restorative yoga poses. Props such as straps, blocks, cushions, chairs and yoga mats will be utilized when appropriate.

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NEW YOGA: ALL LEVELS - OUTDOORS
(18+) Find balance for your body, mind and spirit! The physical, all levels yoga practice uses a variety of sequenced standing poses which both strengthen the body and improve flexibility. Detailed instruction will offer the poses for various levels of fitness and ability, along with important alignment cues to practice safely and in such a way that you feel better at the end of practice than when you started. Join us to release tension, restore vitality and improve back health and posture! All levels welcome.

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### All Levels (14+)

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### Beginning (14+)

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### Intermediate (18+)

Intermediate requires yoga experience, with knowledge of the alignment principles of yoga for the basic postures, and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body, release tension, restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body. Please note, if you are not at the Intermediate skill level, for your safety, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

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### YOGA: GENTLE

(18+) Discover the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the floor but also includes standing poses and movement to improve posture, balance, and breath. All levels welcome.

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### YOGA: GENTLE/RESTORATIVE

(18+) This slower paced, restorative class is designed to focus on breathing, relaxation and gentle stretching and balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. Release tension restore vitality and improve posture. This time is used to find ways to relax, release stress and create a better awareness of the body.

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### YOGA BASICS

(18+) Focus is on essentials of the yoga practice with a gentle approach based on skillful alignment, breath, building core strength and increasing flexibility. Beginner friendly, also perfect for continuing students. Deepen your work in foundational yoga postures while linking breath, awareness and movement from a place of stability.

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### YOGA FOR A HEALTHY BACK

(18+) This class is for anyone wanting to maintain a healthy spine or relieve back strain. It is focused on improving posture and alignment, strengthening core and back muscles, and increasing spinal flexibility. Learn relaxation techniques to relieve back pain, reduce stress, and quiet the mind. If you have any serious back issues, check with your doctor to be sure that a yoga class is appropriate for you. All levels welcome but you must be able to get up from your mat without assistance.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
<th>Fees, Resident/Non-Resident</th>
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<tr>
<td>Tu</td>
<td>10:45am-12:15pm</td>
<td>GRSC</td>
<td>Vershure</td>
<td>$68/R/$102(N)</td>
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</table>

### YOGA IN THE PARK: GENTLE

Enjoy our fabulous weather while discovering the joy of unifying body, mind and spirit in this slower-paced class designed to relax, stretch and strengthen your body with gentle yoga poses, movement, and centered breathing. This "low and slow" class takes place primarily on the ground but often includes easy standing poses and movement to improve posture, balance, and breath. Bring your mat, a blanket or large towel, and (optional) blocks.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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<tr>
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### YOGA IN THE PRESERVE

(14+) Embrace the outdoors and join us for an all levels yoga class at the Gateway Trailhead in Scottsdale’s beautiful McDowell Sonoran Preserve. Our open air, outdoor classroom is just a short walk north of the trailhead building, in a quiet spot on the Desert Parks Trail. Enjoy your yoga practice surrounded by the sights and sounds of the Sonoran desert and with a view of the most prominent peaks and Tom’s Thumb! Then enjoy your savasana under Arizona’s clear, blue skies! All levels of experience are welcome, including beginners. Please bring your own mat, sun protection, and water.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
<th>Fees, Resident/Non-Resident</th>
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<td>GWTH</td>
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<td>$55/R/$83(N)</td>
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<tr>
<td>Su</td>
<td>8:15-9:15am</td>
<td>GWTH</td>
<td>Yancy</td>
<td>$55/R/$83(N)</td>
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</tbody>
</table>
YIN YOGA
(14+) Enhance your flexibility with Yin Yoga. This slow, meditative practice is ideal for beginners or experienced students who want to feel more openness and flexibility in their joints, especially the hips and lower back. Most poses are done on the floor from a seated position or on the back. Alternate poses are offered for anyone who has a challenge with the knees or ankles.

ONLINE YIN YOGA
(14+) Enhance your flexibility with Yin Yoga Online. This slow, meditative practice is ideal for beginners or experienced students who want to feel more openness and flexibility in their joints, especially the hips and lower back. Most poses are done on the floor from a seated position or on the back. Alternate poses are offered for anyone who has a challenge with the knees or ankles. Students should have props available: 2 yoga blankets and 2 blocks, along with a yoga mat. Substitute props are fine: beach towels instead of yoga blankets, thick hardbound books wrapped in a towel instead of blocks. Chair or sofa cushions can also be used for support. If you like to use a yoga strap for extension, a belt or old necktie will work. Wear clothes that are comfortable and easy to move in. Practice on floor space in any room of your house!

MEDITATION AND RELAXATION FOR BEGINNERS
(18+) Learn to meditate! Meditation calms the body and soothes the mind. It is also a great way to relieve stress and improve overall health and well-being. Join us and learn the basics of meditation to set up your own home practice. We will also explore various forms of meditation and relaxation methods. Through regular practice, you will begin to experience renewed peace and inner calm in your daily life.

MEDITATION FOR EVERYONE
(18+) Join us for weekly meditation practices! These meditations will help you to relax, find peace, feel ease and live calmly. Learn meditation styles and techniques that you can use both in class and at home to feel better, less stressed and more centered. Through a regular weekly practice, you will begin to experience renewed peace and inner calm in your daily life. This class is open to anyone, whether you are new to meditation or have previous experience.

MUSIC
BEGINNING GUITAR 1 & 2
(16+) 1.) Purchase guitar book before first class: "Alfred’s Basic Guitar Method Book 1" - 3rd Edition by Morty and Ron Manus 00-33304 book only - No CD or DVD needed. Approx. $6.99 2.) Students must have a guitar of their own and bring it to class. Students use their own guitar. Acoustic or electric 6 string guitars welcome, small amplifiers can be used. 3.) Bring a 3-ring binder to first class 4.) A $5 nonrefundable cash supply fee is due to instructor on first day of class. No registration after 2nd class. Please access the parking lot from Jackrabbit & Hayden Beginner 1 students will cover notes on the first three strings and then we add 6 - 8 chords to songs. A $5 nonrefundable cash supply fee is due to instructor on first day of class. Beginner 2 students will cover reading music, notes on all 6 strings and 11-15 chords. Emphasis will be on smooth chord transitions and strumming and picking techniques. A $5 nonrefundable cash supply fee is due to instructor on the first day of class.

PIANO/KEYBOARD TEEN/ADULT
(14+) From Santana to Sinatra and Streisand; from the Beatles to Bach and Beethoven; from Broadway hits such as Phantom and Cats; to movie themes from the Titanic, Star Wars, James Bond and Lord of the Rings. This unique award winning method teaches keyboard skills on real songs you know and love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge.

SPECIAL INTEREST
CREATING & MAINTAINING HEALTHY RELATIONSHIP WORKSHOP
(18+) In this workshop, you will define how you want to feel in your relationship with others and learn how to cultivate the thoughts, actions, and communication skills needed to achieve that with anyone, in any relationship. All relationships require boundaries can help you have solid, healthy and fulfilled relationships. Your relationships will never be the same after this powerful workshop!

AIKIDO
(14+) Adult Aikido is an introductory class to the Japanese martial art of Aikido. Students will receive step-by-step instruction on various warm up and fundamental self-defense techniques. This class will also help students increase flexibility, balance, core strength, and situational awareness. Wear loose, athletic clothing.
**BRIDGE: BEGINNING**

(18+) Develop a grounding to play successful bridge. This class starts with the basic terminology, seating, dealing, sorting suits, scoring, etc. You will learn the importance of counting high card and distributional points. We’ll cover opening bids and responses, no trump calls, overcalls, preempts, etc. Most important, there will be a great deal of hand play. Weekly review and open discussion will help players develop communications skills with their partners.

**BRIDGE: INTERMEDIATE**

(18+) This class is a continuation of the beginning class dealing with the play of the hand as declarer and as defender as well as further instruction in bidding. The most common conventions, e.g. Stayman, Blackwood limit raise; 4 types of doubles; forcing bids; bidding hands of exceptional strength, weakness or shape; slam bidding; requirements for gam bid; responsibility for continuing or ending the bidding; and other techniques as requested will be explained. Much of the class time will be spent on supervised practice. Please note, if you are not at the appropriate skill level, you will be asked to withdraw and staff will do their best to locate a class at the correct level.

**INTRODUCTION TO SQUASH**

(14+) This class is an introduction to Squash with the basic rules and guidelines. Proper stroke for both forehand and backhand will be discussed. You’ll learn what you need to do to start playing squash and build yourself up to a good level of play.

**ONLINE INTRODUCTION TO VOICE OVER**

(18+) This course will introduce members of the community to an exciting and fulfilling part-time hobby or full-time career option. Instructor, Justine Reiss, is affiliated with a professional voice-over training company called Such A Voice. At the end of the 2-hour course, Justine lets students know if this is something they want to pursue, they can get a free voice evaluation where she will provide necessary feedback.

**MAH JONGG**

Beginning

(18+) Learn the American version of an ancient Chinese game that challenges memory skills and expands social networks. Game fundamentals are taught in short presentations followed by tile exercises and practice games.

Intermediate / Advanced

(18+) Classes will expand the skills of the basic Mah Jongg player by focusing on the strategic and competitive elements of the game, including preparation for tournament play. This class is for people who have played Mah Jongg American Version continuously for at least 6 months. A fun "mini-tournament" will be held at the final class of the session.

**SUDOKU FOR BEGINNERS**

(18+) Welcome to the exciting world of Sudoku. In this class you’ll learn the fundamentals and basics of gameplay. We will learn several strategies such as naked pairs, hidden pairs, pointed pairs, crosshatching and intersection removal strategy. This is a fun and rewarding game.

**NEW AZ RESIDENTS: TAX AND TRUST LAWS**

(21+) You need to attend this class if you are a new Arizona resident or have not updated your estate plans since you moved to Arizona. Explore Arizona community property, trusts, wills, powers of attorney, estate & gift taxes, and how title to your assets affects your estate plans. We begin the class by exploring unique aspects of Arizona’s income tax laws.

**TRUSTS, WILLS AND ESTATE PLANNING**

(21+) Unravel the mystery surrounding trusts, wills, powers of attorney and other estate planning instruments. Learn how title to your assets and how community property can save on income taxes. Discover what only an Attorney and CPA with over 30 years of experience in estate planning can tell you about estate planning and common mistakes to avoid.
WE ARE HIRING LIFEGUARDS!

HERE’S HOW TO BECOME ONE:
1. Obtain your certifications
2. Complete and submit a City of Scottsdale application at: ScottsdaleAZ.gov/HR/jobs.
3. Participate in a City of Scottsdale Skills Assessment**

**The Skills Assessment is an interview process consisting of various scenarios where the applicant must demonstrate basic competency in critical rescue skills.

POOL LOCATIONS:

CACTUS AQUATIC & FITNESS CENTER (CACT)
7202 E. Cactus Road | 480-312-7665

ELDORADO AQUATIC & FITNESS CENTER (ELDO)
2301 N. Miller Road | 480-312-2484

MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER (MMRA)
15525 N. Thompson Peak Parkway | 480-312-6677

LEARN TO SWIM WITH SCOTTSDALE AQUATICS!
Our Swim Lessons are fun, engaging and effective. All Scottsdale Instructors are certified and love helping children become confident swimmers. See pg. 24 for details.

FREE SWIM LESSON ASSESSMENTS
Not sure which class to register for? Call our aquatic centers to schedule a swim lesson assessment, or visit ScottsdaleAZ.gov and search 'swim lessons' to take our online skills quiz.

SPRING POOL HOURS:
Visit ScottsdaleAZ.gov and search 'Aquatic' for specific hours of operation and entrance fees.

LAP SWIM COST
Resident: Adult $3 / Child $2
Non-Resident: Adult $5 / Child $3

SPRING SESSION DATES:
Lessons run on M/W and T/Th for four weeks
M/W and T/Th  |  5/2–5/26  |  CACT / ELDO / MMRA

SCOTTSDALE AQUATICS OFFERS:

SWIM LESSONS FOR ALL AGES (YOUTH & ADULT)

WATER EXERCISE CLASSES

LIFEGUARD CERTIFICATION CLASSES

For more information, visit ScottsdaleAZ.gov and search 'Aquatics'
Use the age guidelines and the class descriptions to help determine the appropriate level for your child. Swim lesson assessments are offered by the staff to help determine the best class for the child. Please call the aquatic centers directly, if you have questions.

**SEA BABIES**
(6mo-3yrs / 1:8 ratio)
- Water acclimation class
- Water safety concepts for caregivers and students
- Introduction to swimming skills

**TADPOLES**
(2.5-5yrs / 1:4 ratio)
- Students participate without caregiver presence
- Basic water safety skills (asking permission, putting on life jackets)
- Blowing bubbles, underwater exploration, assisted and unassisted submersion
- Assisted streamlines & rolling from back to front and front to back
- Swim benchmarks in swim wear and regular clothes

**GUPPIES**
(3-6yrs / 1:4 ratio)
- Basic water safety skills (putting on a life jacket & kick 20 ft)
- Jump in, submerge and recover for air assisted and unassisted
- Assisted and unassisted streamline, unassisted front and back floats
- Assisted and unassisted forward movement (kicking and pulling) on front and back
- Swim benchmarks in swim wear and regular clothes

**SEA TURTLES**
(4-7yrs / 1:4 ratio)
- Students must be comfortable moving independently in water 4 feet deep
- Variations of side glide and streamline assisted and unassisted
- Jump in and move independently towards the wall
- Treading water
- Swim benchmarks in swim wear and regular clothes

**OTTERS**
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Introduction to backstroke

**DOLPHINS**
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Water safety concepts and how to call 9-1-1
- Backstroke & butterfly concepts

**ORCAS**
(6yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Breaststroke & side stroke concepts
- Endurance building

**SHARKS**
(6yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

**OTTERS**
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival float and treading water
- Head first entries
- Freestyle stroke concepts
- Introduction to backstroke

**DOLPHINS**
(5yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
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- Backstroke & butterfly concepts

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- Students must be comfortable in deep water
- Breaststroke & side stroke concepts
- Endurance building

**SHARKS**
(6yrs+ / 1:6 ratio)
- Students must be comfortable in deep water
- Survival floating and treading water for longer durations
- Refinement of all four competitive strokes
- Racing starts and endurance building

**SWIM LESSON AND CLASS INFORMATION IS ALL ONLINE!**

Search for swim lessons by class name or by location. [Recreation.ScottsdaleAZ.gov](https://recreation.scottsdaleaz.gov)
SPRING RECREATION SWIM TEAM AND CLASSES

Recreational Swim Team
(5-17yrs) This program focuses on enhancing and improving swimming stroke in a recreational environment. Participants must be able to swim 25yards across the pool in all of the four competitive strokes. Practice is 45 minutes.
Begins Monday, May 2 / M-Th in the afternoons.

Dive Lessons
(6-17yrs) Program objective is to improve diving skills through basic diving progression and techniques. Participants must be at least 6 years old by the start of the program and be comfortable in deep water. Practice is 30 minutes.
Begins the week of May 2 - either M/W or T/TH in the afternoons.

ADULT SPECIALTY CLASSES

All classes are 50 minutes in length unless otherwise noted

Classes must meet minimum enrollment levels. Classes will be cancelled one week prior to the start date if the minimum enrollment level is not met.
Ages: 13 and older
Fees: Monthly pre-registration is recommended (fee varies, check online).

Drop-in Information:
• Fee: $5 Resident / $8 Non-Resident, space permitting
• Participation is limited due to class size
• May not be accommodated if class registration is full

ACHE AWAY EXERCISE
(13yrs+) Back Ache? Joints hurt? Have arthritis? Try this specially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching & toning.

DEEP WATER EXERCISE
(13yrs+) Challenge yourself to the next level of physical fitness! This class is performed in the deep end of the pool and features aerobic exercise, treading water, and activities that improve swimming technique & fitness. A variety of water equipment is used for conditioning and total body toning.

SHALLOW WATER EXERCISE
(13yrs+) Walking, running, jumping, and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down.

TONE AND TAI CHI
(13yrs+) This class combines water exercises with Tai Chi moves. It benefits students of all ages and abilities by using the water to increase strength, flexibility, balance, and energy. A great way to start your day or prepare yourself for water exercise or lap swim.

Search and register for classes online at Recreation.ScottsdaleAZ.gov.
TENNIS CENTER LOCATIONS

INDIAN SCHOOL PARK (ISPK)
4829 N. Hayden Road
480-312-2740
ISPLeagues@ScottsdaleAZ.gov

SCOTTSDALE RANCH PARK (SRPK)
10400 E. Via Linda
480-312-7774
SRPLeagues@ScottsdaleAZ.gov

SPRING HOURS OF OPERATION
Mon. – Fri. 7:30am – 9pm
Sat. & Sun. 7:30am – 7pm

*Subject to change. For most updated information visit ScottsdaleAZ.gov, search 'Tennis'.

ADULT LESSONS & LEAGUES

LESSON REGISTRATION DATES
Registration currently open

TENNIS LESSONS
Session 2 Spring begins week of 4/11

ADULT & SENIOR TENNIS LESSONS
(18yrs+) Scottsdale tennis centers offer programs for all ability levels and ages. Lessons are offered using the USTA’s National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants, however adult beginners (Tennis 101 or 1.0-1.9) do not require a rating.

ADULT TENNIS LEAGUES
League levels offered begin at the 2.5 level and up to the 4.5 level. Men’s and women’s singles, men’s and women’s doubles, round-robin doubles, and mixed doubles are offered. Leagues are offered using the USTA’s National Tennis Rating Program (NTRP). Rating levels are required and verified for all registrants. NO MAKE-UPS permitted for tennis league matches (other than facility scheduled weather related make-ups).

RATINGS
All participants must have an NTRP rating to register. Need a rating! Attend one of the FREE rating sessions offered at our tennis centers. Rating appointments take 20 min. Please call SRPK or ISPK for an appointment. For the tennis rating schedule, please visit ScottsdaleAZ.gov and search “Tennis”.

DROP-IN PROGRAM
No partner or registration required.

SCOTTSDALE RANCH PARK TENNIS CENTER
Mixed Doubles M/F 12:30PM
Men & Women’s Doubles Tu/Th 12:30PM
$4 per person per visit (includes a can of balls per court)

INDIAN SCHOOL PARK TENNIS CENTER
Doubles Tu/Th 7:30am
$3 per person per visit (balls not included)

JUNIOR TENNIS

JUNIOR TENNIS LESSONS - REGISTRATION NOW OPEN!
(5-17yrs) Scottsdale tennis centers offer programs for all ability levels. Juniors are registered by age. SRPK offers the Net Generation program. Juniors are grouped by ability with the program ages of 5-6yrs, 7-8yrs, 9-10yrs, 11-12yrs & 13-17yrs. If new to the SRPK program, register for a “Stars” program with the proper age, or if ages 7-8, Red Rallyers. At ISPK, juniors are grouped by age; 5-8yrs and 9-12yrs.

JUNIOR MATCH PLAY
(10-17yrs) Scottsdale Ranch Park offers junior match play designed to prepare players for tournament style play in a fun and social environment. Participants must be able to serve, rally and keep score. Registration is required, however, players must be registered for an SRP Junior activity concurrently with match play and approved by the program coordinator.

JUNIOR LESSONS

TENNIS LESSONS
Registration currently open
Session 3 (6weeks) – 4/11 to 5/20

ONLINE REGISTRATION
Complete tennis programs, activity numbers, instructors, locations and more are listed online at Recreation.ScottsdaleAZ.gov.

See our adult fitness, yoga, language classes and more. starting on page 14

For a full list of tennis lessons, visit Recreation.ScottsdaleAZ.gov and search 'Tennis.'
Team Registration Available For:


SUMMER REGISTRATION

Registration Opens: 4/18(R) 8am 4/19(N) 8am
Early Registration Ends: 5/8
Last Day to Register: 5/15
Play Begins: 5/31

For more information and to register, visit ScottsdaleAZ.gov/sports, and click on the sport you are interested in.
# SCOTTSDALE FITNESS CENTERS

## SENIOR CENTER FITNESS FACILITIES
A variety of cardiovascular equipment, treadmills, bikes, elliptical, weight stations and free weights are available at each center.

### GRANITE REEF SENIOR CENTER (GRSC)
1700 N. Granite Reef Road | 480-312-1700
Hours: M-Th: 8am - 8pm | Fri 8am - 5pm

### VIA LINDA SENIOR CENTER (VLSC)
10440 E. Via Linda | 480-312-5810
Hours: M-Th 8am - 8pm | Fri 8am - 5pm

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<tr>
<th>Plan</th>
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<th>Youth</th>
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<td>Daily</td>
<td>$3(R)</td>
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<td>Annual</td>
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</tbody>
</table>

## AQUATIC CENTER
FITNESS FACILITIES
Each fitness center includes a complete line of free weights, treadmills, bikes, elliptical and single station weight machines. No one under 14 is permitted in the Fitness Center at any time. Ages 14-17 must have a waiver signed by a parent or guardian.

### CACTUS AQUATIC & FITNESS CENTER
7202 E. Cactus Road | 480-312-7665

### ELDORADO AQUATIC & FITNESS CENTER
2301 N. Miller Road | 480-312-2484

### MCDOWELL MOUNTAIN RANCH AQUATIC & FITNESS CENTER
15525 N. Thompson Peak Parkway | 480-312-6677

<table>
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<tr>
<th>Plan</th>
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<td>Adult Swipe Cards:</td>
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<tr>
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<td>30 visits</td>
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For locations and hours, visit ScottsdaleAZ.gov and search 'Aquatics' see pg. 23 for more information!

## CLUB SAR
### BOXING AND FITNESS CENTER
8055 E. CAMELBACK RD. | 480-312-2669
Meet your fitness needs at our multi-sport facility, which offers various classes, cardio equipment, free weights, single station weight machines, boxing equipment and punching bags.

For more information, visit ScottsdaleAZ.gov and search 'Club SAR'

### HOURS

<table>
<thead>
<tr>
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<th>Hours</th>
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<tr>
<td>MONDAY – THURSDAY</td>
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<tr>
<td>FRIDAY</td>
<td>6 a.m. – 7 p.m.</td>
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<tr>
<td>SATURDAY</td>
<td>10 a.m. – 2 p.m.</td>
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### CLUB SAR FEES AND MEMBERSHIP OPTIONS
All classes are included with membership or daily fee.

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### CLUB SAR CLASSES
Subject to change, instructors may vary

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<thead>
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<tr>
<td>Barre Workout</td>
<td>M &amp; W</td>
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<tr>
<td>Kick boxing</td>
<td>Tu &amp; Th</td>
<td>5:30-6:30pm</td>
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<tr>
<td>Spin</td>
<td>M &amp; W</td>
<td>5-5:30pm</td>
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<tr>
<td>Rowing/Boot Camp</td>
<td>Tu &amp; Th</td>
<td>5-5:30pm</td>
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<tr>
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<tr>
<td>Yoga</td>
<td>Sat</td>
<td>10:30-11:30am</td>
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</tbody>
</table>

Personal Training Available On Request (additional fees)

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Visit ScottsdaleAZ.gov, search 'Aquatics' for hours of operation. see pg. 23 for more information!
REGISTRATION INFORMATION

REGISTER ONLINE
Recreation.ScottsdaleAZ.gov
(Quickest way to register)

REGISTER BY PHONE
480-312-7957
(Expect delays on registration days)

PAYMENT must be made at the time of Registration

WE ACCEPT American Express, Visa, MasterCard and Discover

GENERAL INFORMATION

Refund Policy – Unless otherwise stated, all program refunds shall be prorated, less a $10 processing fee, up to and including the 2nd class. No refunds after the 2nd class date. Classes priced at $10 or less are nonrefundable.

Corrections & Updates – Staff makes every effort to ensure each issue of the Scottsdale LIFE is free from errors, there are times when errors or revisions in dates, times, fees, or instructors do occur. Check the city’s website for up-to-date information.

Fee Assistance Program – Community Services offers a fee assistance program to aid economically disadvantaged individuals and families residing within the city of Scottsdale’s corporate boundaries. Qualified applicants have an opportunity to participate in approved recreational programs, camps and classes for a decreased cost. Visit ScottsdaleAZ.gov/parks/fee-assistance or call 480-312-7957.

Resident? – Residents are citizens who live in or own property within the city of Scottsdale’s Corporate City Boundaries, and pay taxes to the city of Scottsdale.

REGISTRATION QUESTIONS?
Call us before Feb. 28 so we can guide you through the process, making registration a breeze!
480-312-7957

REGISTRATION CODES

<table>
<thead>
<tr>
<th>CODE</th>
<th>FACILITY NAME</th>
<th>ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADSC</td>
<td>Adapted Services Center</td>
<td>8102 E. Jackrabbit Road</td>
</tr>
<tr>
<td>BGBB</td>
<td>Boys &amp; Girls Club of Greater Scottsdale – Piper Branch</td>
<td>10515 E. Lakeview Drive</td>
</tr>
<tr>
<td>BGTB</td>
<td>Boys &amp; Girls Club of Greater Scottsdale – Thunderbirds Branch</td>
<td>20199 N. 78th Place</td>
</tr>
<tr>
<td>CACT</td>
<td>Cactus Park &amp; Aquatic Center</td>
<td>7202 E. Cactus Road</td>
</tr>
<tr>
<td>CCLB</td>
<td>Civic Center Library</td>
<td>3939 N. Drinkwater Blvd.</td>
</tr>
<tr>
<td>CHAP</td>
<td>Chaparral Park &amp; Aquatic Center</td>
<td>5401 N. Hayden Road</td>
</tr>
<tr>
<td>CHES</td>
<td>Chesnut Park</td>
<td>4565 N. Granite Reef Road</td>
</tr>
<tr>
<td>CHPS</td>
<td>Chaparral High School</td>
<td>6935 E. Gold Dust Road</td>
</tr>
<tr>
<td>CPRG</td>
<td>Copper Ridge School</td>
<td>10101 E. Thompson Peak Pkwy.</td>
</tr>
<tr>
<td>CSAR</td>
<td>Club SAR</td>
<td>8055 E. Camelback Road</td>
</tr>
<tr>
<td>ELDO</td>
<td>Eldorado Park &amp; Community Ctr.</td>
<td>2311 N. Miller Road</td>
</tr>
<tr>
<td>ELDN</td>
<td>Eldorado Aquatic Center</td>
<td>2301 N. Miller Road</td>
</tr>
<tr>
<td>ELSO</td>
<td>Eldorado South Building</td>
<td>1909 N. Miller Road</td>
</tr>
<tr>
<td>FENP</td>
<td>Florence Ely Nelson Desert Park</td>
<td>8950 E. Pinnacle Peak</td>
</tr>
<tr>
<td>GPCN</td>
<td>George &quot;DOC&quot; Cavallier Park</td>
<td>27775 N. Alma School Pkwy.</td>
</tr>
<tr>
<td>GrSC</td>
<td>Granite Reef Senior Center</td>
<td>1700 N. Granite Reef Road</td>
</tr>
<tr>
<td>HRZN</td>
<td>Horizon Community Center</td>
<td>15444 N. 100th St.</td>
</tr>
<tr>
<td>ISPK</td>
<td>Indian School Park</td>
<td>4289 N. Hayden Road</td>
</tr>
<tr>
<td>MCRR</td>
<td>McCormick Stillman Railroad Park</td>
<td>7301 E. Indian Bend Road</td>
</tr>
<tr>
<td>MMRA</td>
<td>McDowell Mtn Ranch Aquatics</td>
<td>15525 N. Thompson Peak Pkwy.</td>
</tr>
<tr>
<td>MSP</td>
<td>McDowell Sonoran Preserve</td>
<td>18333 N. Thompson Peak Pkwy.</td>
</tr>
<tr>
<td>MTNV</td>
<td>Mountain View Park</td>
<td>8625 E. Mountain View Road</td>
</tr>
<tr>
<td>MUST</td>
<td>Mustang Library</td>
<td>10101 N. 90th St.</td>
</tr>
<tr>
<td>PNCC</td>
<td>Paiute Neighborhood Center</td>
<td>6535 E. Osborn Road</td>
</tr>
<tr>
<td>PPEC</td>
<td>Pinnacle Peak Equestrian Center</td>
<td>3701 E. Pinnacle Peak Road</td>
</tr>
<tr>
<td>PPPK</td>
<td>Pinnacle Peak Park</td>
<td>26802 N. 102nd Way</td>
</tr>
<tr>
<td>RIMO</td>
<td>Rio Montaña Park</td>
<td>11180 N. 132nd St.</td>
</tr>
<tr>
<td>SPFD</td>
<td>Scottsdale Police/Fire Dept.</td>
<td>8401 E. Indian School Road</td>
</tr>
<tr>
<td>SRPK</td>
<td>Scottsdale Ranch Park</td>
<td>10400 E. Via Linda</td>
</tr>
<tr>
<td>SSCX</td>
<td>Scottsdale Sports Complex</td>
<td>8081 E. Princess Drive</td>
</tr>
<tr>
<td>STAD</td>
<td>Scottsdale Stadium</td>
<td>7408 E. Osborn Road</td>
</tr>
<tr>
<td>SWTS</td>
<td>Solid Waste Transfer Station</td>
<td>8417 E. Union Hills Drive</td>
</tr>
<tr>
<td>VCCC</td>
<td>Vista Del Camino Community Center</td>
<td>7700 E. Roosevelt</td>
</tr>
<tr>
<td>VLSC</td>
<td>Via Linda Senior Center</td>
<td>10440 E. Via Linda</td>
</tr>
<tr>
<td>VSTA</td>
<td>Vista Del Camino Park</td>
<td>7700 E. Roosevelt</td>
</tr>
</tbody>
</table>
SCOTTSDALE reads
SPRING 2022 – APR | MAY

LEARN MORE ABOUT LIBRARY PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

SCOTTSDALE LIBRARIES
APR | MAY 2022
Calendar of Events

Connect

ScottsdalePublicLibrary
@ScottsdalePublicLibrary
@ScottsdaleReads
ScottsdalePublicLibrary
ScottsdaleLibrary
ScottsdalePublicLibrary

HOLIDAY CLOSURES
Sunday, Apr. 17 ………………… Easter Sunday
Monday, May 30 ……………… Memorial Day Holiday

CONTACT US
480-312-7323 (READ)
480-312-2133 (Español)

CALL CENTER HOURS
Monday – Thursday ……………… 10am – 5pm
Friday & Saturday ………………… 1 – 5pm
Sunday ……………………………… closed

Checkout Limits

We are a fine-free Library

<table>
<thead>
<tr>
<th>NEW ITEMS</th>
<th>CHECK OUT</th>
</tr>
</thead>
<tbody>
<tr>
<td>DVDs</td>
<td>1 week</td>
</tr>
<tr>
<td>Books</td>
<td>2 weeks</td>
</tr>
<tr>
<td>CDs</td>
<td>3 weeks</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>MOST WANTED</th>
<th>CHECK OUT</th>
</tr>
</thead>
<tbody>
<tr>
<td>DVDs</td>
<td>3 days</td>
</tr>
<tr>
<td>Books &amp; TV Series</td>
<td>14 days</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EVERYTHING ELSE</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 weeks</td>
</tr>
</tbody>
</table>

You can renew your items anytime in person at the library, by calling us at 480-312-7323 or online at: ScottsdaleLibrary.org

LOCATIONS & HOURS
ScottsdaleLibrary.org/locations
480-312-READ (7323)
480-312-2133 (Español)

APPALOOSA – 7377 E. Silverstone Drive
ARABIAN – 10215 E. McDowell Mtn. Ranch Rd.
CIVIC CENTER – 3839 N. Drinkwater Blvd.
MUSTANG – 10101 N. 90th Street

BRANCH HOURS FOR ALL LOCATIONS
Monday – Thursday ……………… 10am – 7pm
Friday & Saturday ………………… 10am – 5pm
Sunday ……………………………… 1 – 5pm

DRIVE-THRU AND CURBSIDE HOURS
Monday – Thursday ……………… 10am – 6pm
Friday & Saturday ………………… 10am – 5pm
Sunday ……………………………… 1 – 5pm

= Registration Required    = Space is limited / Pick up ticket 30 mins before event    *all programs subject to change
YOUTH STORYTIMES
Space is limited in all storytimes.

**FAMILY STORYTIME**
(ages 0-5/30 min) Play and learn together using books, puppets, rhymes, chants and fingerplays to promote early literacy.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>10:30am</td>
<td>4/11, 4/25, 5/9, 5/23</td>
<td>Civic Center</td>
</tr>
<tr>
<td>Tu</td>
<td>10:30am</td>
<td>4/5-5/24</td>
<td>Mustang</td>
</tr>
<tr>
<td>Sa</td>
<td>9:30am</td>
<td>4/23, 5/21</td>
<td>Rio Montaña</td>
</tr>
</tbody>
</table>

**LITTLE LIBROS**
(all ages/30 min) Join us for fun songs, stories and rhymes in English & Spanish. No prior knowledge of Spanish needed!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>10:30am</td>
<td>4/7, 4/21, 5/5, 5/19</td>
<td>Civic Center</td>
</tr>
</tbody>
</table>

**TINY TOT TIME**
(ages 0-24 months/20 min) Develop babies’ literacy and learning skills as they interact with their caregivers using songs, rhymes, movement and board books.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>10:30am</td>
<td>4/4, 4/18, 5/2, 5/16</td>
<td>Civic Center</td>
</tr>
<tr>
<td>W</td>
<td>10:30am</td>
<td>4/6, 4/20, 5/4, 5/18</td>
<td>Mustang</td>
</tr>
</tbody>
</table>

**TWOS & THREES TOGETHER**
(ages 2-3/30 min) This fun and interactive program uses short stories, fingerplays and action rhymes to engage children and their caregivers in developing early learning skills.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>10:30am</td>
<td>4/13, 4/27, 5/11, 5/25</td>
<td>Mustang</td>
</tr>
<tr>
<td>Th</td>
<td>10:30am</td>
<td>4/14, 4/28, 5/12, 5/26</td>
<td>Civic Center</td>
</tr>
</tbody>
</table>

**VIRTUAL CRAFTY STORYTIME**
Enjoy a story and make a simple craft to celebrate Earth Day! Pick up a craft kit starting on April 15 at your favorite library branch. Then tune in on our YouTube channel [Youtube.com/ScottsdaleLibrary](http://Youtube.com/ScottsdaleLibrary) to follow along in real time.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>10am</td>
<td>ONLINE</td>
</tr>
</tbody>
</table>

**TEEN & TWEEN PROGRAMS**

**ANIME GLITTER PAINTINGS**
(ages 12-18/45 min) Teens! We’ll provide your favorite anime character stencils and glitter, you provide the artistic talent. So. Much. Glitter.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>4pm</td>
<td>4/28</td>
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</table>

**ANIME MARATHON**
(ages 10-18/120 min) Get your anime fix with a marathon of your episodes.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Sa</td>
<td>2:30pm</td>
<td>5/7</td>
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</table>

**ANIME WORKSHOP**
(ages 10-18/90 min) Enjoy a free anime workshop presented by Scottsdale Artists’ School. All materials provided; space is limited.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sa</td>
<td>2pm</td>
<td>4/23</td>
</tr>
<tr>
<td>Sa</td>
<td>1pm</td>
<td>5/7</td>
</tr>
</tbody>
</table>

**MAKE IT: JEWELRY CRAFTING**
(ages 10-18/90 min) Use our Cricut Maker and turn balsa wood into earrings, a keychain, or a pendant. Personalize one from a template or design your own from scratch. No experience needed, supplies will be provided.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>4pm</td>
<td>4/14</td>
</tr>
</tbody>
</table>

**WATERCOLOR WORKSHOP**
(ages 10-18/90 min) Enjoy a free watercolor workshop presented by Scottsdale Artists’ School. All materials provided.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>3pm</td>
<td>4/5</td>
</tr>
</tbody>
</table>

**TEEN ADVISORY BOARD (TAB)**
(ages 12-18) Teen Advisory Board members meet monthly to focus on what the library can do for teens by brainstorming teen programs and collections. TAB members receive service hours credit for meetings and projects.

Check our online calendar for dates, times and locations.

We need teen summer volunteers!
The library is looking for friendly, energetic and responsible teens between the ages of 14-17 to assist with the 2022 Summer Reading Program and other special library projects. Earn volunteer credits and valuable work experience. Complete a volunteer application online at [ScottsdaleLibrary.org/teen/volunteers](http://ScottsdaleLibrary.org/teen/volunteers).

Applications available and accepted April 1 – May 8

Virtual crafty storytime
Enjoy a story and make a simple craft to celebrate Earth Day! Pick up a craft kit starting on April 15 at your favorite library branch. Then tune in on our YouTube channel [Youtube.com/ScottsdaleLibrary](http://Youtube.com/ScottsdaleLibrary) to follow along in real time.

F 10am 4/22 FREE ONLINE
ADULT PROGRAMS

CRAFT OF THE MONTH
Pick up a kit and instructions at your local branch to create a different one of a kind craft each month. Supplies are limited and will be handed out on a first come, first served basis. Check our website for details and use the hashtag #SPLCraftoftheMonth on social media to share your handiwork.

✓ SCOTTSDALE BAKES
Discuss your favorite cookbooks, recipes, and any tips and tricks you may have regarding baking savory or sweet treats.
Register to receive a link to the virtual meeting.

Recipes from Novels or Cookbooks
F 10:30am 4/15 FREE ONLINE
Brownies
F 10:30am 5/20 FREE ONLINE

✓ LOCAL HISTORY HAPPY HOUR
Join us and our favorite local historian, Joan Fudala, for some non-alcoholic “mocktails” starting at 5 p.m., followed by a presentation on Scottsdale history at 5:30 p.m. For more details on topics, visit our online calendar.

WATER – In Celebration of the City of Scottsdale Water Department’s 50th Anniversary
Th 5pm 4/7 FREE Civic Center

PARK IT – A photo-filled presentation on Scottsdale’s parks, trails, rec centers, classes and special events
Th 5pm 5/19 FREE Civic Center

✓ FINANCIAL AWARENESS PROGRAMS
Programs are presented without bias or sales by trusted professionals.

Essential Estate Planning
Th 1pm 4/14 FREE Mustang

Positioning Yourself to Thrive in Retirement
Th 1pm 5/12 FREE Mustang

VIRTUAL FINANCIAL PROGRAMS
Please register to receive a link to the online programs.

Essential Estate Planning
Th 10am 4/7 FREE ONLINE

Positioning Yourself to Thrive in Retirement
Th 10am 5/5 FREE ONLINE

FILMS

LIBRARY FILM SERIES
See something new, or new to you!

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays</td>
<td>2pm</td>
<td>4/4-5/23</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>2pm</td>
<td>4/6-5/25</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

See online calendar for details or call 480-312-READ (7323)

SATURDAY FAMILY MOVIES
Bring the whole family for a movie break.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st &amp; 3rd Saturdays</td>
<td>2pm</td>
<td>4/16-5/21</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>2nd &amp; 4th Saturdays</td>
<td>2pm</td>
<td>4/9-5/28</td>
<td>FREE Mustang</td>
</tr>
</tbody>
</table>

*No films on 4/2 & 4/30
See online calendar for details or call 480-312-READ (7323)

LIBRARY + PUBLIC ART EXHIBITION

INTERWOVEN: TELARAÑA FIBER ARTS GROUP
From the fiber arts guild, Telaraña, this exhibit showcases fiber related works of art inspired by the stunning Arizona landscape.

April 13 – July 31, 2022 Civic Center Public Gallery

LIBRARY CREATIVES ART WORKSHOP SERIES
(2 hrs) Join us for workshops taught by a local artist, in conjunction with the INTERWOVEN: Telaraña Fiber Arts Group exhibit. Presented in partnership with Scottsdale Arts.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tu</td>
<td>3pm</td>
<td>4/19</td>
<td>FREE Civic Center</td>
</tr>
<tr>
<td>Tu</td>
<td>3pm</td>
<td>5/24</td>
<td>FREE Civic Center</td>
</tr>
</tbody>
</table>

DIGITAL NEWSSTAND
Enjoy access to an online Digital Newsstand. Through Pressreader digital library, enjoy international, national, and regional newspapers – including the Arizona Republic!

Get daily, digital editions on your computer or mobile device. Pressreader also has thousands of magazines to explore! And if you love getting magazines on dozens of topics, enjoy the digital magazines available in Overdrive/Libby. And also amazing – get daily access to the New York Times and Wall Street Journal! Check out all these options and more at:

ScottsdaleLibrary.org/magazines
IN-PERSON COMPUTER CLASSES
Gain an understanding of basic computer knowledge during these interactive in-person workshops.

✔ BACKING UP YOUR DATA
(90 min) Learn the best techniques to back up your digital information, including photos, music, videos, documents, and downloads from your PC, phone, and tablet. This course covers the use of external hard drives, flash drives, and various cloud services.

Tu 5pm 4/5 FREE Mustang

✔ COMPUTER FUNDAMENTALS: PART 1
(2 hrs) Are you a computer novice who has a computer or access to one? Would you like to learn more? Learn to identify the main parts of the Windows operating system and use of the mouse and keyboard. This course is taught in the Windows 10 environment.

M & W 1pm 4/4-4/13 (4 classes) FREE Civic Center

✔ COMPUTER FUNDAMENTALS: PART 2

Prerequisites: Attendance at Fundamentals Part 1 or equivalent competency.

M & W 1pm 4/18-4/27 (4 classes) FREE Civic Center

✔ EMAIL EFFICIENCY
(90 min) Learn how to clean/remove clutter, use email ‘add-ins’, avoid spelling/grammar mistakes, use Copy To and Blind Carbon Copy, etc. Taught with Gmail specifically, but the concepts/techniques work with other email clients, e.g. Outlook, Yahoo Mail, AOL.

Tu 5pm 5/3 FREE Mustang

✔ EXCEL BASICS & BEYOND
(2 hrs) Learn basic spreadsheet functions, enter and format numbers, insert rows/columns, simple formulas, hide/unhide columns, and freeze panes, etc. This course is taught using Excel 2016, but techniques learned are applicable with earlier versions.

Tu & Th 1pm 5/10 & 5/12 (2 classes) FREE Civic Center

✔ EXCEL ADVANCED TECHNIQUES
(2 hrs) Ready for the next level of Excel features? Learn “Auto” features and sub-totals, inserting rows, columns and comments, adding, copying, hiding/unhiding sheets/rows and columns, sorting and linking. This course is taught using Excel 2016, but techniques learned are applicable with earlier versions. This is an extension of Excel Basics.

M & W 1pm 5/16 & 5/18 (2 classes) FREE Civic Center

NEW ✔ FILE MANAGEMENT
(2 hrs) Provides basic definitions, an overview of how files and folders are organized, and some helpful strategies and how-to tips.

W 10am 5/4 FREE Civic Center

✔ GENEALOGY
(2 hrs) Gain an understanding of the basics such as DNA use and other resources in a “survey style” class. Find out how to make the most of Ancestry.com by using a library card and learn the differences between historic and genealogical research. Software and research tools will be introduced, and potential costs and legal concerns will also be discussed.

Tu & Th 10am 5/10 & 5/12 (2 classes) FREE Civic Center

✔ GOOGLE: POWER SEARCH & AMAZING APPS
(90 min) Search the web like a pro. Learn how to use Google maps, Google Earth, and a wealth of free apps to help create documents, spreadsheets, translate foreign language, store data and images in the Cloud. Bring Google email and password to class.

M 2pm 5/2 & 5/9 (2 classes) FREE Civic Center

✔ POWERPOINT BASICS
(2 hrs) Learn the basic skills for creating great presentations. You will see how to use consistent formatting, insert objects (tables, pictures), and ensure proper timing of slide transitions and animations. Basic MS Word understanding is a prerequisite.

M 1pm 4/19 FREE Civic Center

NEW ✔ A LOOK AT PHOTO EDITING SOFTWARE
(2 hrs) Introduction to different types of photo editing software for computer or phone, including iPhone app, Photoshop Elements, ON1 Photo Raw, and Luminar AI. Presentation will highlight the capabilities of each package as well as supplemental resources and available training.

Tu & Th 10am 5/24 & 5/26 (2 classes) FREE Civic Center

NEW ✔ WIFI OVERVIEW
(2 hrs) Have questions about WiFi but never knew who to ask? This presentation will discuss what WiFi is, how it works, and the many uses for WiFi at home, with an emphasis on entertainment applications.

Th 10am 4/14 FREE Civic Center

✔ WORD BASIC
(2 hrs) Learn fonts, text entry, formatting, use of undo/redo, find/replace, bullets/numbering, and copy/paste. Taught using Word 2016, but techniques learned work with earlier versions.

M 10am 4/4-4/18 (3 classes) FREE Civic Center

✔ WORD ADVANCED TECHNIQUES
(2 hrs) Take Word to the next level by learning how to create envelopes, mailing labels, and flyers. Learn how to create and format tables, insert pictures, and how to group images and captions. This course is taught using Word 2016, but techniques learned work with earlier versions.

M 10am 5/2-5/16 (3 classes) FREE Civic Center

✔ WORKING WITH WINDOWS
(2 hrs) Learn to make Windows 10 easier to work with and more specific to your needs. Add and remove tiles, use the SnipIt tool, use settings to change configurations and set up split screen to compare two websites.

Prerequisite: Must already be proficient with computer use.

Tu 10am 4/19 FREE Civic Center
SCOTTSDALE READS

LIBRARY CALENDAR OF EVENTS

ADULT PROGRAMS

APR | MAY 2022

REGISTER FOR THESE PROGRAMS AT SCOTTSDALELIBRARY.ORG OR CALL 480-312-READ (7323)

= Space is limited / Pick up Ticket 30 mins before event

= Registration Required   *all programs subject to change

DROP-IN E-MEDIA CLASS
Drop-in help using the library’s eMedia online services at your branch.
Get one-on-one help with your eReader or other mobile devices to access ebooks, audiobooks, music, streaming films, magazines, newspapers, and kid’s read-a-longs. Bring your device, your library card and your questions about library eMedia resources.

<table>
<thead>
<tr>
<th>Day</th>
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<td>W</td>
<td>10am</td>
<td>4/20, 5/18</td>
<td>Civic Center</td>
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<td>Th</td>
<td>2pm</td>
<td>4/7, 5/5</td>
<td>Mustang</td>
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<td>Th</td>
<td>12pm</td>
<td>4/14, 5/12</td>
<td>Arabian</td>
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<tr>
<td>Th</td>
<td>2pm</td>
<td>4/28, 5/26</td>
<td>Appaloosa</td>
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</table>

ONLINE COMPUTER CLASSES
Gain an understanding of basic computer knowledge during these interactive virtual workshops.

If registering for an online class, participation requires use of a device, such as a desktop computer, laptop, or tablet, with audio and video capability.

EMAIL EFFICIENCY
Get tips on how to use email more efficiently! Learn how to clean/remove clutter, use email ‘add-ins’, avoid spelling/grammar mistakes, use Copy To and Blind Carbon Copy, etc. Taught with Gmail specifically, but the concepts/techniques work with other email clients.

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<tbody>
<tr>
<td>M</td>
<td>2pm</td>
<td>5/23</td>
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GOOGLE: POWER SEARCH & AMAZING APPS
Search the web like a pro. Learn how to use Google maps, Google Earth, and a wealth of free apps to help create documents, spreadsheets, translate foreign language, store data and images in the Cloud. Bring Google email and password to class.

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<th>Day</th>
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<tr>
<td>M</td>
<td>2pm</td>
<td>4/11 &amp; 4/18 (2classes)</td>
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IPAD: BASICS
Get the most out of your iPad by learning how to install and manage apps, contacts, browse with Safari, send mail and messages, and personalize your device using settings and security.

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<td>Tu</td>
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INTRODUCTION TO E-MEDIA VIRTUAL PROGRAM
Meet our e-Resources librarian, virtually, so you can learn about the library’s options for eMedia! Learn about all the materials our virtual branch has to offer, including movies, music, books, and audiobooks, all available without leaving the comfort of your own home. Take a tour of the e-resources and learn some simple tips and tricks about accessing this whole new world with your library card.

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<td>10am</td>
<td>4/6</td>
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Kanopy Streaming Films is now available through Scottsdale Public Library! Enjoy cult films like Silence of the Lambs, Oscar winners like Parasite, or international classics like Fellini’s 8 1/2, as well as documentaries, animation, and the influential films of the Criterion Collection. Great Courses lecture series are available on hundreds of topics. Also check out Kanopy Kids for streaming shows like Sesame Street. There is something for everyone that can streamed on your computer, mobile device or smart tv!

More info at ScottsdaleLibrary.org/downloadables
The goal of Adaptive Services is to provide programs that facilitate development, expression, and maintenance of an appropriate leisure lifestyle. We cater to individuals with physical, mental, emotional, and social limitations. We aspire to meet the leisure needs of our participants and educate on purposeful leisure activities. While these programs are designed specifically for adaptive services, participants most other recreation classes and programs in this guide can be adjusted for modified.

**ADAPTIVE SERVICES**
8102 E. Jackrabbit Rd. (ADSC)
480-312-2234

**PROGRAM CONTACT:**
Kristy Hahn-McDonald at 480-312-0102
khahn@ScottsdaleAZ.gov

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**Social Club**
Monthly social outing will help to promote social and life skills. We venture out into the community to participate in fun activities and socialize with friends. Transportation will be provided.

**MOVIE IN THE PARK**
Friday, 4/15 from 6:30-1pm – FREE / #34086
Bring a lawn chair, and or blanket as we enjoy the movie of the night. Movie will be announced in monthly newsletter.

**FRIDAY NIGHT BINGO**
Friday, 4/29 from 6:30-8:30pm – FREE / #34105
Foodie bingo, come enjoy samples of different “favorite” foods as we play a fun game of “food bingo”.

**MOVIE NIGHT – POLLACK THEATRE**
Friday, 5/6 from 5-10pm – $5 / #34087
Bring $30 for dinner and movie costs, movie will be announced in monthly newsletter.

**FRIDAY NIGHT BINGO**
Friday, 5/20 from 6:30-8:30pm – FREE / #34106
State Bingo- lets learn about all the 52 states and enjoy a game of bingo, food and fellowship.

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**Spring Fling**
Invite your friends and come dance to your favorite songs.
Saturday, 4/16 from 6-8pm
$5 / #34084

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**Derby Days Dance**
Let’s Celebrate the Kentucky Derby and where your favorite hat!
Saturday, 5/7 from 6-8pm
$5 / #34085

---

**Adaptive Sports and Special Olympics**

**SPECIAL OLYMPICS TRACK**..........................FREE / #34107

**FOUR PEAKS TRACK AND FIELD AREA COMPETITION** .................. FREE
4/8 and 4/9 Time: TBD
Shadow Mountain High School – 2902 E. Shea Blvd., Phoenix, AZ 85028

Special Olympics Volleyball and Track and Field is on-going. If you would like more information, call us at 480-312-0102.
SCOTTSDALE 
SERVES
SCOTTSDALE HUMAN SERVICES

FAMILY & SOCIAL SERVICES

BUILDING STRONG COMMUNITIES
Human Services provides a variety of support throughout our Community. In addition to family and caregiver support, we work to assess needs and find programs that can be of assistance. This includes everything from food boxes to rent/mortgage assistance, eviction prevention to utility assistance.

Scottsdale Family Resource Center
Services that support families, parents, caregivers, expectant parents and their young children ages birth through age five. All programs and events are free, interactive and fun for both caregiver and child!

- Early literacy programs
- Family Play Time
- Parenting workshops
- Parent support groups
- Referrals to community resources
- Referrals for emergency assistance: food, utility & rental assistance

Visit ScottsdaleAZ.gov and search ‘Scottsdale Family Resource Center’, or call 480-312-0038.

¡Se habla Español!

Stay updated on events and children's literacy programs by downloading our Community Calendar!
Visit ScottsdaleAZ.gov and search ‘Scottsdale Family Resource Center’

SOCIAL SERVICES
Scottsdale offers a variety of social service programs from helping with housing to family assistance and back-to-school preparation. For more information on these services, visit ScottsdaleAZ.gov and search 'Vista del Camino'.

- Back-to-School
  Ensuring every student has everything they need to succeed in school.

- Food Bank
  Food boxes and other services to those who need it.

- Adopt-A-Family
  Every family deserves a holiday season full of celebration.

- Utility Assistance
  Eligible Scottsdale residents can apply and receive assistance.

- Emergency Rent & Mortgage Assistance
  One-time support for families facing unexpected challenges paying their rent or mortgage.

- Eviction Prevention
  We have the resources for support when needed.
Located in the heart of thriving Scottsdale Communities, our Neighborhood Centers not only offer a gathering space, but also provide Social Services, connection to other agencies, family support and more!

**PAIUTE NEIGHBORHOOD CENTER**
6535 E. Osborn Road, Scottsdale, AZ 85251
480-312-2529

Monday - Friday ................. 8 a.m. – 5 p.m.

Paiute Neighborhood Center provides a safe and diverse environment where our neighbors can come together to create a spirit of community by providing social, recreational, cultural and educational programs and services.

**RESOURCES:**
- Family Resource Center
- Notary Services
- Community Resources and Workshops
- WIC
- Food Pantry
- Community Assistance Office (housing)
- Head Start, Hirsch Academy and SARRC

**VISTA DEL CAMINO COMMUNITY CENTER**
7700 E. Roosevelt St., Scottsdale, AZ 85257
480-312-2323

Monday through Friday ............ 8 a.m. – 5 p.m.

Vista del Camino is Scottsdale's Community Action Program (CAP), providing a variety of services to residents to prevent homelessness, meet the basic needs of individuals and families in crisis, relieve economic and emotional stress, and maintain self-sufficiency.

**SERVICES LIKE:**
- Food Bank
- Utility Assistance
- Career Center
- Community Support Programs
- STEP (Teen Employment Program)
- Rent & Mortgage Assistance
The Career Center is a space for job seekers to access computers to apply for jobs, update resumes and explore job opportunities—all for free. The Career Center maintains job and career fair information. With an appointment, you can meet with a skilled Career Coach for guidance on your career journey.

**Sign Up With A Career Coach!**

Career Coaches are available, virtually, to assist job seekers with essential employment strategies including:

- Resume development
- **LinkedIn** consultation
- Interview preparation
- Job search strategies
- Employment referrals

Visit the ScottsdaleAZ.gov and search 'Career Center' to sign up.

**ADDITIONAL EMPLOYMENT SERVICES:**

- Employment Referrals
- Webcam for digital interviews
- Career Closet

**STAY CONNECTED!**

Visit ScottsdaleAZ.gov, search 'Career Center'

- [Scottsdale Vista Career Center](https://www.facebook.com/ScottsdaleVistaCareerCenter)
- [Scottsdale Vista Career Center](https://www.linkedin.com/company/scottsdale-vista-career-center/)

**The Career Center**

Download our Career Center Events Calendar, for the most up-to-date information and to view our upcoming career help programs.

Visit ScottsdaleAZ.gov and search 'Career Center'
The Community Assistance Office (CAO) administers the city’s affordable housing programs and collaborates with non-profit agencies as well as other city departments to address and meet basic and critical human needs.

- **Federal Housing Choice Voucher (HCV) Program**
- **Housing Rehabilitation Programs:**
  - [Green Housing Rehabilitation Program](#) offers an interest-free deferred loan to qualified low and moderate income homeowners to finance a contract for home repairs between a homeowner and a contractor.
  - [Roof Repair and Replacement Program](#) provides assistance to repair or replace deteriorated roofing systems that pose a serious threat to the health, safety or welfare of a household.
  - [Emergency Repair Program](#) provides assistance through a grant to address household repairs that affect the immediate livability of the home. Repairs are limited and assistance is based on priority of emergency.

### Community Assistance Office
6535 E. Osborn Road – Bldg. 8
Scottsdale, AZ 85251
Phone: 480-312-7156
TDD: 480-312-7411 or AZ Relay 7-1-1
Contact: ScottsdaleHousingInfo@ScottsdaleAZ.gov
ScottsdaleAZ.gov search “CAO”

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**We Need Landlords!**
Rent to Housing Choice Voucher Holders and Receive:

- Timely and dependable payments from the City of Scottsdale
- Your full rental payment
- Tenant background check and regular inspections of your unit
- Annual rent increases
- Contract signing incentive payment and support and assistance with cost of damages.

**Scottsdale Housing Agency**
480-312-7726

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**Foster Youth to Independence**
When transitioning from foster care, youth aged 18-25 need all the help they can get. The Scottsdale Housing Agency in partnership with the DCS Office of Prevention has a housing voucher program available that can assist with rent while allowing youth to concentrate on continued education, developing household and budget management skills, and finding stable employment.

For more information about the Foster Youth to Independence program, email FYITPV@azdcs.gov or ScottsdaleHousingInfo@ScottsdaleAZ.gov
SENIOR CENTER LOCATIONS

Hours of operation Effective January 10, 2022

GRANITE REEF SENIOR CENTER
1700 N. Granite Reef Road, Scottsdale, AZ 85257 | 480-312-1700
Mon – Thurs. .......... 8am-8pm
Friday .................. 8am-5pm
Sat & Sun .............. closed

VIA LINDA SENIOR CENTER
10440 E. Via Linda, Scottsdale, AZ 85258 | 480-312-5810
Mon – Thurs. .......... 8am-8pm
Friday .................. 8am-5pm
Sat & Sun .............. closed

SENIOR CENTER HOLIDAY CLOSURES
M ..................... May 30 ......................... Memorial Day Holiday

EVENTS

SPRING ART SHOW
We will be accepting donations for the Beat The Heat program, please see event flyer or call the front desk for list of needs.

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<tr>
<th>Date</th>
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<th>Price</th>
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<td>F</td>
<td>4/13</td>
<td>6-8pm</td>
<td>FREE</td>
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IMPROV NIGHT AT GRANITE REEF SENIOR CENTER
Th 4/14 6pm-7:30pm GRSC $12(R)/$18(NR) 34047

MOTHER’S DAY LUNCHEON
T 5/3 Doors open at 11am VLSC $7(R)/$10(NR) 33967
F 5/6 Doors open at 10am GRSC $7(R)/$10(NR) 34046

GENERAL INFORMATION
The Scottsdale senior centers are free and open to the public, with no membership or residency requirements. Adults ages 18 and older are welcome, though most programs are geared towards the 50+ community.

FACILITY RESERVATIONS*
The senior centers offer a range of rooms and outdoor spaces that accommodate anywhere from eight to 300+ people. Facility reservations are available Monday through Thursday after 4 p.m.

FITNESS CENTERS
The senior centers offer state-of-the-art fitness with an extensive variety of exercise equipment that include treadmills, ellipticals, stationary bikes, cardio equipment, and free weights.

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<tr>
<th>Duration</th>
<th>Resident</th>
<th>Non-Resident</th>
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<tr>
<td>Daily Drop-in</td>
<td>$3(R)/$5(NR)</td>
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<tr>
<td>1 Month</td>
<td>$15(R)/$25(NR)</td>
<td></td>
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<tr>
<td>3 Month</td>
<td>$40(R)/$60(NR)</td>
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<tr>
<td>Annual</td>
<td>$130(R)/$195(NR)</td>
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LUNCH PROGRAM
Delicious and nutritious lunches are served at both Centers! To participate in our lunch program, please call to make a lunch reservation. Monthly menus can be provided.

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<th>Time</th>
<th>Price</th>
<th>Location</th>
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<tbody>
<tr>
<td>M-F</td>
<td>11:30am</td>
<td>$4 ages 50+ / $6 under 50 years old.</td>
<td>GRSC</td>
</tr>
<tr>
<td>Tu &amp; Th</td>
<td>11am</td>
<td>$4 ages 50+ / $6 under 50 years old.</td>
<td>VLSC</td>
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</table>

SOCIAL WORKERS
The senior centers provide social services to seniors, adults with disabilities, and their families. Master level social workers are available by appointment Monday through Friday from 8am-5pm to provide support, education, and resources – free of charge.
**Enrichment Programs**

**LINE DANCING**
This volunteer facilitated drop-in group is coordinated through Senior Services. Line dancing is free, with no advance registration.

**OPEN ART STUDIO**
During this time, the art room will be made available for you to explore your creative side. This is a self-led program open to painters, illustrators, and crafters alike.

**ADULT ART STUDIO**

**OPEN ARTS & CRAFTS**

**SCOTTSDALE STRUMMERS**
Drop-in ukulele group that meets at Granite Reef Senior Center. There is no cost to this program, and all levels are welcome.

**Fun & Games**

**BRIDGE**
Duplicate Bridge

**OPEN PLAY BRIDGE**

**PRICKLY PAIR BRIDGE (A PARTNER IS REQUIRED)**

**DROP-IN PLAY**
The senior centers provide space on a first come, first served basis for social cards and games. Rooms are shared use, with multiple groups playing different games at once, unless otherwise scheduled.

**Recreation**

**BILLIARDS**
Both the Granite Reef Senior Center and Via Linda Senior Center have phenomenal billiards rooms with 9-ft Gold Crown tables. Drop-in play is free and open to the public during normal hours of operation at each facility.

**TABLE TENNIS**
Open table tennis is available at both Granite Reef Senior Center and Via Linda Senior Center at various time throughout the week. There is a $2 drop-in fee, and all levels are welcome.
Social Groups

BOOK DISCUSSION GROUP
Join us for our free book discussion group. Contact our front desk for upcoming monthly book discussion titles.

2nd Th 10:30am-12pm FREE VLSC

CAN WE TALK?
This is a peer led discussion group open to men and women.

Th 10:30am-12pm FREE VLSC

CURRENT EVENTS
Discuss current events, public policy, and both local and national issues in a spirited, yet respectful, environment.

W 10:30am-12pm FREE GRSC
W 1:30pm-3pm FREE VLSC
Th noon-1:30pm FREE GRSC

FRIENDSHIP DISCUSSION GROUP
Fun and light-hearted group designed to make new friends while sharing stories, jokes, information, and memories.

T 10am FREE GRSC

MEN’S DISCUSSION GROUP
Informal peer led discussion group for men.

W 2-3:30pm FREE VLSC

WOMEN’S DISCUSSION GROUP
Informal peer led discussion group for women.

1st & 3rd F 10-11:30am FREE VLSC

Community Resources

BENEFITS ASSISTANCE
The state health insurance assistance program provides objective information regarding original Medicare. Trained Area Agency on Aging volunteers provide free personalized assistance with the preparation of Medicare and supplemental claims forms, appeals, applying for Medicare and more. To schedule a free appointment, please call the Granite Reef or Via Linda senior centers.

BROWN BAG PROGRAM
The Brown Bag Program offers qualified seniors and people with disabilities food supplements including; fresh fruit & vegetables, canned goods and bakery items on a bi-monthly basis at both Senior Centers. For more information please call Granite Reef Senior Center at 480-312-1700.

CAB CONNECTION
This taxi voucher subsidy program is available to city of Scottsdale residents who are disabled or senior citizens (65+). The program serves full city limits. Vouchers pay 80% of the fare (up to $10). Participants may request up to 20 one-way vouchers per month. Please call the Cab Connection office at 480-312-8747 for additional information.

DUET
Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits south of Frank Lloyd Wright Blvd. Services include grocery shopping, rides to medical appointments, paperwork or computer assistance, minor home repairs, visiting, phoning or respite. Please call 602-274-5022 to register or request assistance.

BEAT THE HEAT
This outreach program brings summer relief to our vulnerable homebound senior community during the sizzling summer months. Summer relief care packages consisting of water, nutritional supplement drinks, wrapped snacks, personal hygiene items, forever stamps, fans, reusable ice packs, and a grocery gift card are delivered by caring City of Scottsdale staff. Along with the care package, staff will do an assessment to make sure our senior participants have their needs met and stay safe over the summer.

If you would like to donate to this essential program, please call the Via Linda Senior Center at 480-312-5810. The program will begin in April.

FOOTHILLS CARING CORPS
Volunteers serve homebound and/or disabled individuals, 18 years of age and older. There is no financial eligibility. Service area includes Scottsdale city limits north of Bell Road and the towns of Carefree and Cave Creek. Transportation services include mobile meals, van pooling, medical transportation and grocery shopping. Please call 480-488-1105 for additional information.

Registration Questions? 480-312-7957
Call us before Feb. 28 so we can guide you through the process, making registration a breeze!
HOME DELIVERED MEALS
The City of Scottsdale partners with local non-profits to provide nutritious, hot meals to qualified homebound seniors. The service also provides a daily check on the individual’s condition and safety. For more information on programs in your area, please call the Area Agency on Aging at 602-264-4357.

HOME SAFE HOME
Trained Scottsdale Fire Department volunteers visit seniors in their homes and point out potential tripping and falling hazards. Volunteers can replace smoke alarm batteries or install a new alarm and give free night lights to ensure you can see well at night. Please call 480-312-1817 to request your free visit.

LOCKBOXES FOR SENIORS
The Scottsdale Area Association of REALTORS, the Scottsdale Police and Fire Departments and the Maricopa County Sheriff’s Office offer free emergency lockboxes to seniors whose annual income is less than $25,000 and at a charge of $25 for all others. The service is available to Scottsdale and Fountain Hills residents only. For additional information or to arrange delivery, please call 877-229-5042 (toll free).

MEDILoAN PROGRAM
The senior centers provide Scottsdale residents with medical equipment such as canes, walkers, wheelchairs and shower benches.

OPERATION FIX IT
Operation Fix It provides assistance to Scottsdale home owners with exterior improvements to their properties when they are unable due to financial/physical constraints. Common types of assistance include landscape maintenance and enhancements, installation of low water usage landscape, house painting, handyman repairs, fence repairs and more. To apply for the program or learn about volunteer opportunities, please call 480-312-8703 or visit ScottsdaleAZ.gov and search ‘Operation Fix It’.

VALLEY METRO PARATRANsit
East Valley Dial-a-Ride has a new name: Valley Metro Paratransit. A fleet of brand new accessible vans and minivans will now service you with Valley Metro signage and colors. They have also partnered with AAA Transportation (Yellow Cab) to provide additional service to the east valley. Request a trip, check on an existing trip, or make changes to one by calling 602-716-2200 or via TTY at 602-716-2118.

Scottsdale Public Library is...
FINE FREE!
We have closed the book on fines. Please bring your overdue items back for free!

See Library Information on Pg. 30
When we said we’d get through “this” together – we meant it! Together we faced uncertainty with courage. Together we made the best of a difficult situation. Together we were vaccinated.

Now, as we move forward together towards better days, we are stronger together.

At McDowell Village, you’ll enjoy a lifestyle that is complemented by delicious dining, enriching programming and a host of community amenities. Together with MBK Senior Living’s commitment to providing top-quality service and care in a way that promotes whole-person wellbeing, residents will enjoy:

- A maintenance-free lifestyle
- On-site professionals available 24/7
- Restaurant-style dining and delicious meals, prepared fresh daily by our culinary team
- Concierge services
- Housekeeping and laundry services
- Daily social, physical, educational and spiritual opportunities
- MBK Fit programming, with health and wellness support
- Resort-like living with heated pool
- Enhanced safety protocols
- Connections and long-lasting friendships
- Granite Reef Senior Center on-site
- And, so much more!

Contact us at (480) 400-8510 or McDowellVillage@mbk.com to schedule a tour.
SPRING IS A GREAT TIME TO ENJOY THE PRESERVE!

Scottsdale’s McDowell Sonoran Preserve encompasses over 30,500 acres of permanently protected Sonoran Desert and mountains. It is home to a magnificent array of desert adapted plants and animals, and affords stunning views of the McDowell Mountains.

The Scottsdale Preserve also boasts an interconnected network of over 225 miles of trails for hiking, mountain biking and horseback riding. The trails can be accessed from one of eight major trail head facilities, and are open sunrise to sundown. Amenities vary at each trail head; visit the City’s website for more details. Trail maps are available free of charge at all major trail heads, and can also be downloaded by visiting ScottsdaleAZ.gov and searching 'Preserve maps.'

The Preserve is divided into two primary regions – the Southern and Northern.

- **The Southern Region** is home to the McDowell Mountains, and contains some of the steeper and more challenging trails of the Preserve. The trails of the southern region are very rocky, so be sure to wear sturdy footwear.
  Trailheads: Sunrise, Lost Dog Wash, Gateway, Tom’s Thumb

- **The terrain of the Northern Region** is comprised mainly of rolling desert topography, punctuated by a series of smaller mountains. The trails are much smoother than the south, with dramatically less rock. Because of these characteristics, the Northern Region is very popular with mountain bikers and equestrians.

PINNACLE PEAK PARK

Pinnacle Peak Park | 26805 N. 102nd Way

Pinnacle Peak Park features a moderate out-and-back trail through the pristine Sonoran Desert environment. The park is a total of 150 acres, and the trail length is 1.75 miles, one way. It’s a great hike for all ages and activity levels – with fantastic views!

Visit ScottsdaleAZ.gov and search 'Pinnacle Peak Park' for more information about the park, trail information, hours and more.

*Dogs are not allowed on the Pinnacle Peak Park trail.

COMMON MAMMALS YOU MAY SEE AT THE PRESERVE:

- Bobcat
- Coyote
- Desert Mule Deer
- Javelina
- Mountain Lion

**TRAIL TIPS**

- Entrance is free
- Trails are open sunrise to sunset
- Motorized vehicles, including electric bikes, motorized skateboards are prohibited
- Dogs are welcome at the Preserve (not at Pinnacle Peak Park), but must remain on a leash at all times and you must clean up after them
- Please stay on the official signed trails
- Know your limitations and choose a Preserve adventure that matches your abilities
- Bring ample water for you and your dog
- Drink water before you arrive, so your body is pre-hydrated
- Wear sunscreen and dress appropriately with light colored breathable clothing that covers your skin
Join us in caring for our living treasure.
Your support keeps us alive.

For 30 years, the McDowell Sonoran Conservancy, and its 650+ passionate volunteers, has made a difference in protecting our local Preserve. Managed through a unique partnership with the City of Scottsdale, the Preserve encompasses nearly 31,000 acres with over 225 miles of well-maintained trails. Keeping this treasured land safe is the mission of the Conservancy.

The Conservancy embraces a culture that ensures, preserves and values natural open space for future generations. Your support will help us maintain and repair trails, study ecosystems, and safeguard a habitat for the plants and animals who call the Preserve home.

Become a supporter and help us care for this living treasure.

- **SCIENCE**
  Complete research and use the results to protect desert environments on a global scale.

- **EDUCATION**
  Impact over 13,000 youth through school visits combined with online and hands-on experiences.

- **STEWARDSHIP**
  Equip 650+ steward volunteers to discover, learn and ultimately teach.

Join our effort at: mcdowellsonoran.org/explore
WestWorld of Scottsdale is a premier, nationally recognized, multi-use events facility serving the Scottsdale community and visitors. Located at 16601 N. Pima Road, this city-owned facility hosts a wide array of events each year, enjoyed by hundreds of thousands of people.

Learn more about these events at WestWorldAZ.com.
Scottsdale Community Services

43 Parks
975 total acres
37 playgrounds

5 Urban Lakes

30,500 acres of preserve land
11 trailheads and 232 miles of non-motorized trails in the preserve

43 Parks

68 athletic fields
35 volleyball courts
39 basketball courts
39 baseball stadiums

43 Parks

49 tennis courts
2 tennis centers

43 Parks

1 railroad park

43 Parks

129 miles of paved pathways, 151 unpaved

43 Parks

117 art galleries & art dealers
7 museums

43 Parks

Fire hydrants

5 million gallons of drinking water delivered daily

43 Parks

11 fire stations
40 fire response vehicles
4 police stations
344 police vehicles
311 traffic signals

43 Parks

531 days of special events at WestWorld

43 Parks

2852 lane miles of roads
129 miles of paved pathways, 151 unpaved

43 Parks

11 bus routes
5 free trolley routes

43 Parks

4 public libraries

43 Parks

2 senior centers
6 community centers

43 Parks
Hiking Trails
1) Pinnacle Peak Park 26802 N. 102nd Way
2) Tom’s Thumb 23015 N. 128th St.
3) Gateway 18333 N. Thompson Peak Pkwy.
4) WestWorld 15939 N. 98th St.
5) Quartz 10215 McDowell Mnt. Ranch Rd.
6) Lost Dog Wash 12601 N. 124th St.
7) Ringtail 12300 block of N. 128th St.
8) Sunrise 12101 N. 145th Way

Public Libraries
9) Appaloosa Library 7377 E. Silverstone Dr.
10) Arabian Library 10215 E. McDowell Mnt. Ranch Rd.
11) Mustang Library 10101 N. 90th St.
12) Civic Center Library 3839 N. Drinkwater Blvd.

Senior Centers
13) Via Linda Senior Center 10440 E. Via Linda
16) Granite Reef Senior Center 1700 N. Granite Reef Rd.

Tennis Centers
15) Scottsdale Ranch Park & Tennis Center 10400 E. Via Linda
16) Indian School Park & Tennis Center 4289 N. Hayden Rd.

Specialty Facilities
17) Scottsdale Sports Complex 8081 E. Princess Dr.
18) McCormick-Stillman Railroad Park 7301 E. Indian Bend Rd.
19) Adapted Services Center 8102 E. Jackrabbit Road
20) Club SAR Fitness Center 8055 E. Camelback Rd.
21) Scottsdale Stadium 7408 E. Osborn Rd.

Parks
Agua Linda Park 8732 E. McDonald Dr.
Apache Park 1201 N. 85th Pl.
Aztec Park 13636 N. 100th St.
Camelback Park Hayden & Camelback
Chesnut Park 4565 N. Granite Reef Rd.
Cholla Park 11320 E. Via Linda
Comanche Park 7639 Via Paseo del Norte
Florence Ely Nelson Park 8950 E. Pinnacle Peak Rd.
Grayhawk Neighborhood Park 20726 N. 76th St.
Ironwood Park 18650 N. 94th St.
Lafayette Park 6745 E. LaFayette Blvd.
Mescal Park 11015 N. 68th Pl.
Nature Area 6801 N. Hayden Rd.
Nortsight Park 8400 E. Thunderbird Rd.
Osborn Park 7775 E. Osborn Rd.
Papago rotary Park 7316 E. Garfield St.
Pima Park 8600 E. Thomas Rd.
Rio Montana Park 11180 N. 132nd St.
Rotary Park 7959 E. Doubletree Ranch Rd.
Scottsdale Civic Center Mall 3939 N. Drinkwater Blvd.
Shoshone Park 8300 Via De Dorado
Solstice Park 4420 N. Scottsdale Rd.
Sonoran Hills Park 7625 E. Williams Dr.
Stonegate Equestrian Park 9555 N. 120th St.
Thomas Road Bike Stop 7801 E. Thomas Rd.
Thompson Peak Park 20199 N. 78th Pl.
Thunderbird Park 9170 E. Thunderbird Rd.
Zuni Park 7343 Via del Elemental

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Parks, Recreation & Human Services
Community Centers and Pools
22) Horizon Park & Community Center 15444 N. 100th St.
23) McDowell Mountain Ranch Park & Aquatic Center 15525 N. Thompson Peak Pkwy.
24) Cactus Park & Aquatic Center 7202 E. Cactus Rd.
25) Mountain View Park & Community Center 8625 E. Mountain View Rd.
26) Chaparral Park, Aquatic & Community Center 5401 N. Hayden Rd.
27) Paiute Neighborhood Center 6535 E. Osborn Rd.
28) Eldorado Park, Aquatic & Community Center 2311 N. Miller Rd.
29) Vista Del Camino Park & Community Center 7700 E. Roosevelt St.
Spring Art Show
Via Linda Senior Center
6 – 8 p.m.
See page 41 for details

Tents by the Tracks
McCormick-Stillman Railroad Park
3 p.m. – 10 a.m.
Therailroadpark.com/events

Virtual Earth Day
Crafty Storytime
Online
See page 31 for details

Anime Workshop
Mustang Library
2 p.m.
See page 31 for details

Summer Concert Series
7:30 – 9 p.m. Sunday Nights
Therailroadpark.com/events

Mother’s Day Luncheon
Via Linda Senior Center
11 a.m.
See page 41 for details

Mother’s Day Luncheon
Granite Reef Senior Center
10 a.m.
See page 41 for details

Anime Workshop
Civic Center Library
1 p.m.
See page 31 for details

Check online for more information!