







1,000 Books Before Kindergarten – 50 Early Learning Moments

1. Talk to an adult about the cars and trucks that you see driving by.	2. Sing a song about something that you are eating.	3. Make a tower out of blocks. Count how many blocks you used.	4. Learn a Mother Goose rhyme. 	5. Find 8 objects around your house that start with the first letter of your name.	6. Draw a picture of yourself reading a book. 	7. Go for a walk with a grownup and find things that start with the letters “D”, “M” and “S”.
8. Show your favorite book to one of your stuffed animals, turn each page and show the pictures.	9. Help measure ingredients for a recipe. 	10. Have your parent or caregiver sing their favorite song to you.	11. Identify fruits and vegetables at the store by name and/or color.	12. Practice making 7 different animal sounds.	13. Identify body parts – how many can you name?	14. Scoop, dig, and build with sand.
15. Point out the letters in your name that you see around town or on signs.	16. Go on a color hunt for your favorite color. How many things did you find?	17. Play with play dough. 	18. Describe what you hear and smell while making dinner.	19. Plant seeds and talk about the steps you take as you are planting.	20. Use shaving cream on a table to write your ABCs.	21. Point out colors and words on road signs.
22. Play “I Spy with my little eye...”	23. Build your name with items from nature like sticks, stones, or grass.	24. Draw imaginary pets and give them funny names.	25. Build with blocks. 	26. Play with an alphabet puzzle.	27. Read a wordless picture book. 	28. Act out your favorite fairytale.
29. Look at family pictures and talk about the people in your family.	30. Have your grown up write down a story you made up.	31. Paint on the sidewalk with a paintbrush and water. Can you paint your name?	32. Sing “Head, Shoulders, Knees and Toes.”	33. Finger paint. 	34. Draw on an empty cardboard box while sitting inside it.	35. Sing the alphabet song.
36. Learn a knock-knock joke. 	37. Create a tower using plastic cups.	38. Draw with sidewalk chalk. 	39. Sing Old McDonald Had a Farm with an adult. Act the animals out together.	40. Play Pat-A-Cake or Peek-A-Boo.	41. Tap out a beat on the counter and ask your child to imitate you.	42. Ask your child to draw a picture from their favorite book.
43. Have an adult read you a poem. 	44. Clap the syllables in your name and the names of everyone in your family.	45. Recite or sing three nursery rhymes.	46. Ask an adult to help you write a note to someone you love.	47. Make a cereal necklace by threading circle pieces on to a piece of yarn.	48. Tell an adult about what happened on a special day, such as birthday.	49. Sing a counting song like “Five Green and Speckled Frogs.” 

50. Get a library card and check out books!